



Resource Directory

Barron County

May, 2019

For latest updates please go online to view:

<http://www.adrcconnections.org/resource-guides>



“Connections for Better Living”

Phone: (715) 537-6225

335 E Monroe Avenue, Room 100

Barron, WI 54812-1478

Toll-free: (888) 538-3031

Fax: (715) 537-6842

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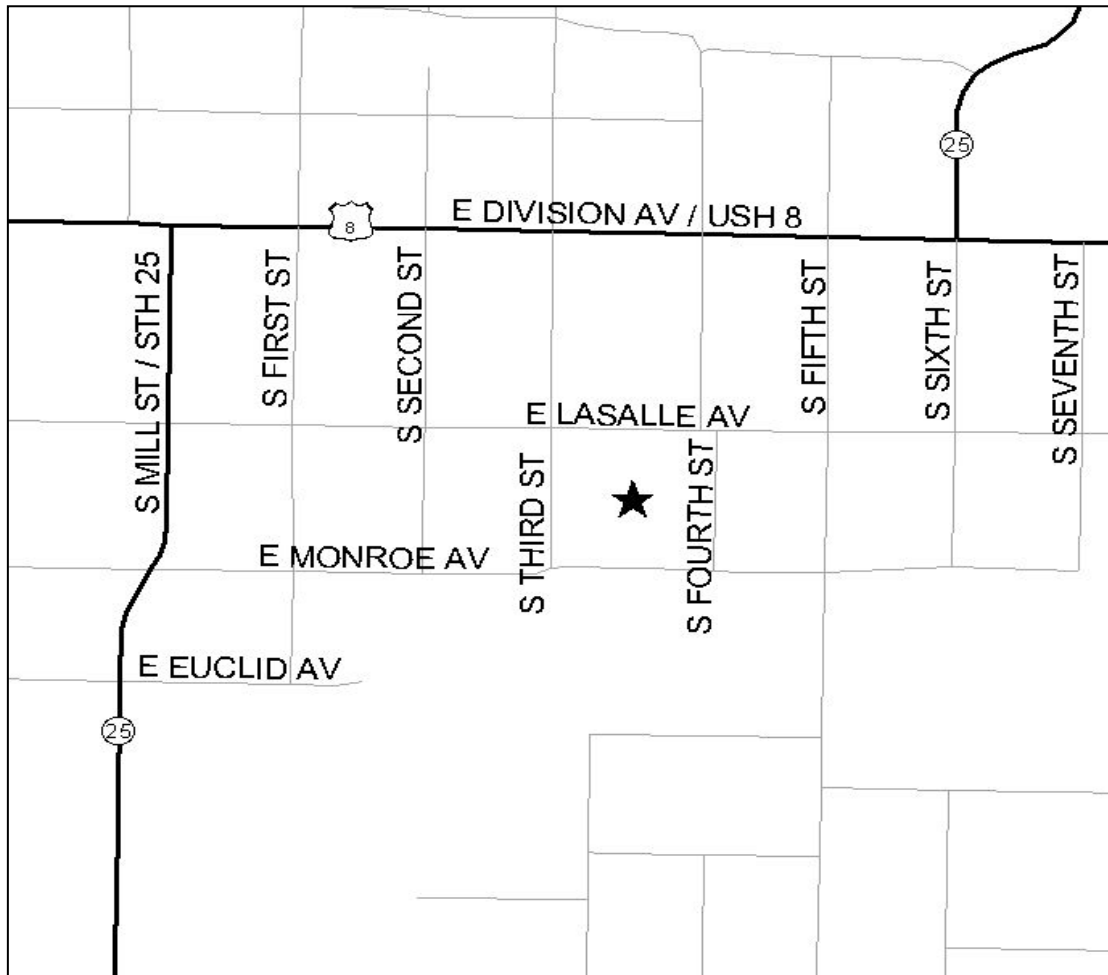
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Dementia Care Specialist	Trisha Witham
Disability Benefit Specialist	Kim Gogan
Elder Benefit Specialist	Leanne Grover
Elder Benefit Specialist	Mary Simpson
Fiscal/Administrative Specialist	Terri Mikyska
Health Promotion Specialist	Natalia Del Monte/Peggy Schmidt
Information & Assistance Specialist	Sue Allyn & Sarah Miller
Meals on Wheels Coordinator	Joanne Sweet
Nutrition & Transportation Program Manager	Darby Smith
Outreach Specialist	Chris Hagen
Office Assistant	Trudy Mazel
Resource Specialist	Kim Cobb

www.adrcconnections.org**Email: adrc@co.barron.wi.us****Veterans Services Staff****715-537-6290**

Veterans Service Officer	Scott Bachowski
Assistant Veterans Service Officer	Tammi Stoker

Map and Directions



Barron County Government Center (old courthouse)

335 E Monroe Avenue, Room 100
Barron, WI 54812-1478

Phone: (715) 537-6225
Fax: (715) 537-6842

Toll-free: (888) 538-3031

Directions from the north: Take Hwy 25 or Hwy 53 south to Hwy 8. Head west on Hwy 8 and turn left on Third St. Turn left on Monroe Ave.

Directions from the south: Take Hwy 53 north to Hwy 8. Head west on Hwy 8 and turn left on Third St. Turn left on Monroe Ave.

Directions from the east: Take Hwy 8 west. Turn left on Third St. Then turn left on Monroe Ave.

Directions from the west: Take Hwy 8 east to Third St. Turn right on Third St. Then turn left on Monroe Ave.

Barron County Resources, 05/2019

Aging & Disability Resource Center of Barron, Rusk & Washburn Counties (ADRC)
Call 715-537-6225 or visit our website: www.adrcconnections.org

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This resource directory contains information on many topics, products, and programs. It should be used as an overview and general guide. No endorsements or recommendations are made by the Aging and Disability Resource Center of Barron, Rusk, and Washburn Counties.

What is an ADRC?

The Aging and Disability Resource Center (ADRC) is a public office where people can find help in their communities for older people and adults with disabilities, as well as their families and friends. Our staff is available to answer your questions and help you explore all of your options. Free, private, confidential meetings with our staff are available at the resource center, over the telephone, or in a visit to your home.

Call 715-537-6225 or 1-888-538-3031.

What we do

- Benefits counseling – Accurate and current information on private and government benefits and programs. “Red tape cutters” on problems related to Medicare, Social Security, and other benefits.
- Equipment loan closet – Short term rental of commodes, bath benches, walkers, wheelchairs, etc. \$15.00 each for three months.
- Family caregiver services – Consultation with individuals and families, support group, respite programs, Daybreak adult day care, educational materials.
- Health & Wellness Programs – Healthy living programs, falls prevention workshops, monthly nutrition workshops, and caregiver support workshops.
- Information and connections – Answers to questions and assistance in locating needed help.
- Informational lending library – Books, CDs, tapes, pamphlets, brochures.
- Long-term care options counseling – Consultation and advice about the options available to meet an individual’s long-term care needs, including enrollment into long term care options (Family Care and IRIS).
- Meals-on-Wheels – Meals are delivered to homebound adults age 60+ and includes a check on their well-being. Suggested donation: \$4.00.
- Medicare/supplemental insurance counseling – Help seniors with filing claims, solving claim errors, appealing decisions, and understanding and comparing supplemental health insurance policies.
- Private-pay caregiver hiring – Families needing to hire a caregiver can review job applications completed by caregivers seeking work. Families use their private funds to directly pay caregivers.
- Senior dining – Healthy, appetizing meals served at senior centers. Opportunity for networking, visiting with friends, volunteering. Suggested donation: \$4.00.
- Tax-aide – Help with filing Wisconsin Homestead Tax and income tax returns.
- Transportation – Information about transportation choices and volunteer drivers.
- Youth Transition Services-Information about resources available when youth with disabilities reach adulthood.

Abuse & Neglect

Report suspected physical abuse, emotional abuse, financial abuse, sexual abuse, neglect, or self-neglect of an older person or adult with a disability. Callers may choose to be anonymous.

For reporting about people living in a long-term care facility.

Long Term Care Ombudsman

(800) 815-0015

For reporting allegations of abuse or neglect by facility staff or home health workers.

Wisconsin Division of Quality Assurance

(800) 642-6552

For all other reporting.

Barron County Department of Health & Human Services

Adult Protective Services

(715) 537-5691

335 E Monroe Ave., 3rd Floor Barron, WI 54812

Embrace

(715) 537-6334

Crisis/support line and shelter for victims of domestic violence, sexual assault, and their families.

Crisis line (800) 924-0556

Barron County Outreach Office

Text (715) 532-6976

www.embracewi.org

335 E. Monroe Ave., Room 342 Barron, WI 54812

Advocacy/Community Organizations

AARP Wisconsin – (American Assoc. of Retired Persons)				(866) 448-3611
222 W. Washington Ave., Suite 600	Madison, WI	53703		
AgrAbility of Wisconsin				(608) 262-9336
Independent living services for individuals and families engaged in farming and coping with a disability. Provided at your home or farm.				TTY (800) 947-3529
AIDS Resource Center of Wisconsin				(800) 750-2437
Prevention -HIV, hepatitis C and syphilis testing for high risk groups, condom distribution and needle exchange. Resources for HIV positive people including housing, pharmacy, clinics and a food bank. www.ARCW.org				
505 Dewey St. S., Suite 107	Eau Claire, WI	54701		(715) 836-7710
American Cancer Society				(800) 227-2345
N19 W24075 Riverwood Dr.	Waukesha, WI	53188		(262) 523-5500
Arthritis Foundation				(800) 333-1380
10427 W. Lincoln Ave., Suite 1300	West Allis, WI	53227		
Autism Society of Wisconsin				(888) 428-8476
1477 Kenwood Dr.	Menasha, WI	54952		
Barron County Area Literacy Council, Inc.				(715) 637-5797
Free reading help for adults.				
1128 22 7/16th St.	Chetek, WI	54728		
Brain Injury Alliance of Wisconsin				(262) 790-9660
6409 Odana Rd., Suite #1	Madison, WI	53719		
Brain Injury Resource Center of Wisconsin				(262) 770-4882
Advocate for people with brain injuries and their families.				
511 N. Grand Avenue	Waukesha, WI	53186	www.bircofwi.org	
Center for Independent Living Western Wisconsin				Voice/TTY (866) 419-1260
312 W Knapp St. Suite 1	Rice Lake, WI	54868		Voice/TTY (715) 736-1800
Coalition of Wisconsin Aging Groups (CWAG)				(800) 488-2596
Mailing address: P.O. Box 628248 Middleton, WI 53562				(608) 224-0606
Physical address: 2850 Dairy Dr. Suite #100 Madison, WI 53718				
Disability Rights Wisconsin				(800) 928-8778
www.disabilityrightswi.org				
217 W. Knapp St.	Rice Lake, WI	54868		(715) 736-1232
Down Syndrome Association of Wisconsin				(414) 327-3729
11709 W. Cleveland Ave, Suite 2	West Allis, WI	53227	dsaw.org , info@dsaw.org	
Epilepsy Foundation of Western Wisconsin				(800) 924-2105
Barron County Resources, 05/2019				
Aging & Disability Resource Center of Barron, Rusk & Washburn Counties (ADRC)				
Call 715-537-6225 or visit our website: www.adrcconnections.org				

1812 Brackett Ave., Suite 5

Eau Claire, WI

54701

(715) 834-4455

For complaints, questions and/or concerns regarding the care and the rights of people (ages 18-59) receiving Family Care or IRIS.

Family Care & IRIS Ombudsman (877) 338-3724
(715) 736-1232

For complaints, questions and/or concerns regarding the care and the rights of residents in nursing homes, group homes, and people age 60 and older receiving Family Care.

Long Term Care & IRIS Ombudsman/ Family Care (800) 815-0015

NAMI of Barron County (National Alliance on Mental Illness) (715) 736-0089

Workshops and classes, (715) 736-0089

Answered every Tuesday Emergencies call your local Health and Human Services or 911

namibarroncounty.wix.com/namibarroncounty

P.O. Box 477 Rice Lake, WI 54868

Pink Ribbon Advocacy, Inc. (715) 537-1400

Financial assistance to breast cancer patients.

2071 9 ½ St. Cumberland, WI 54829

The Arc Eau Claire (715) 514-1825

Developmental disabilities

800 Wisconsin St., Mailbox 86 Eau Claire, WI 54703

United Cerebral Palsy West Central Wisconsin, Inc. (888) 845-5775

Loan closet, respite care, grants. www.ucpwcw.org

206 Water St. Eau Claire, WI 54703 (715) 832-1782

Wisconsin Board for People with Developmental Disabilities (888) 332-1677

101 E. Wilson St., Rm. 219 Madison, WI 53703 (608) 266-7826

Alzheimer's Disease, Dementia & Memory Loss

Alzheimer's Association of Greater Wisconsin	24 hr helpline (800) 272-3900
404 ½ N Bridge Street Chippewa Falls 54729	(715) 720-7611
Alzheimer's Caregiver Support Groups	
Bethany Lutheran, Rice Lake 2nd Tuesday of each month	(715) 537-6225
Rice Lake Senior Center, 12 W Humbird St, Rice Lake	(715) 736-0347
1st Monday of each month, evening, RSVP preferred, walk-ins welcome	
Early Stage Memory Loss Support Group	(715) 537-6225
Rice Lake, WI 4th Monday of each month	
Pre-registration required.	
Alzheimer's and Dementia Information, Education and Support	(715) 537-6225
For people with dementia or who are concerned they have symptoms, their family care partners, and the community.	
335 E Monroe Ave. Room 100 Barron, WI 54812	
Daybreak	ADRC
A group activity and respite care program for early to mid-stage Alzheimer's	(715) 537-6225
335 E Monroe Ave. Room 100 Barron, WI 54812	
DICE (Describe, Investigate, Create, Evaluate)	ADRC
A complimentary program to help family caregivers manage behavioral and psychological symptoms of dementia.	(715) 537-6225
335 E Monroe Ave. Room 100 Barron, WI 54812	
MedicAlert & Safe Return	(888) 572-8566
Emergency response service for wandering and medical emergencies.	
Memory Screen	ADRC
335 E Monroe Ave. Room 100 Barron, WI 54812	(715) 537-6225
Music & Memory	ADRC
Provides personalized music with community support to Barron County residents living at home who have memory concerns.	(715) 537-6225
335 E Monroe Ave. Room 100 Barron, WI 54812	
Project Lifesaver – Barron County	(715) 637-6840
Through Sheriff's Department to safeguard and locate individuals who may wander.	
<u>Dementia Care Living Facilities –see Assisted Living and Nursing Homes</u>	

Geriatric Clinics

Prevea Health Family Medicine (715) 839-5175
 Geriatric assessments, walk in evening clinic. www.prevea.com
 617 W. Clairemont Avenue Eau Claire, WI 54701

Memory Clinics

For the evaluation of memory problems.

Clinics affiliated with WI Alzheimer’s Institute (608) 263-2761

Wisconsin Alzheimer’s Institute (608) 263-2862

University of Wisconsin School of Medicine & Public Health

Provides education, outreach, research and increases awareness of the disease.

www.wai.wisc.edu

610 Walnut, Suite 957 Madison, WI 53726

Gundersen Memory Center (800) 362-9567 ext. 5900
 Neurology scheduling direct number. (608) 775-9000

1900 S. Ave. La Crosse, WI 54601

Marshfield Clinic-Memory Clinics (715) 858-4437

2nd Friday and 3rd Tuesday of the month

2116 Craig Rd. Eau Claire, WI 54701

Mayo Clinic Health System Memory Care Clinic (715) 838-1900

Clinic hours: Friday mornings.

1400 Bellinger Street, 5th Floor Neurosciences Eau Claire, WI 54703

Mayo Clinic Alzheimer’s Disease Research Center (507) 284-1324

4111 West Frontage Rd. /Hwy 52 NW, Suite 2-700 Rochester, MN 55901

Spooner Health Memory Clinic (715)-939-1687

1280 Chandler Dr. Spooner, WI 54801

Assisted Living

Adult Family Homes

Supervision, room and board provided.

Current listing: <https://www.dhs.wisconsin.gov/guide/afh.htm>

1-2 bed homes are certified by Inclusa.

3-4 bed homes are licensed by the State of Wisconsin.

Residential Care Apartment Complexes (RCACs)

An apartment that includes a kitchen, living area, bedroom, and private bathroom.

Registered or certified by the State of Wisconsin. Private & semi-private rooms.

Services include meals, laundry, housekeeping, arranging medical appointments and transportation, and may include up to 28 hours per week of nursing care per resident.

<http://www.dhs.wisconsin.gov/bqaconsumer/assistedliving/aslivdirs.htm>

Atrium Senior Living of Chetek (formerly known as Pelican Place) **(715) 924-4891**

708 Tainter St. Chetek, WI 54728

Brentwood Senior Communities **(715) 736-7400**

633 Cameron Rd. Rice Lake, WI 54868

Dove Healthcare – Barron – Assisted Living **(715) 537-1151**

1333 E Memorial Dr. Barron, WI 54812

Woodstone Senior Living Community **(715) 736-6060**

950 Bear Paw Ave. Rice Lake, WI 54868

Community Based Residential Facilities (CBRFs)

State licensed: 24-hour supervision, meals, medication monitoring, personal care, semi-private, private rooms or apartments. Facilities generally have 5-25 residents. State licensed.

IntegriCare **(715) 790-4727**

1372 24 3/8 St. Cameron, WI 54822

Cambridge Senior Living **(715) 651-7220**

License includes skilled care.

820 Bear Paw Ave. Rice Lake, WI 54868

Care Partners **(715) 719-0415**

1639 Kern Ave. Rice Lake, WI 54868

Country Terrace **(715) 234-2012**

1631 Kern Ave. Rice Lake, WI 54868

IntegriCare **(715) 719-0024**

Rice Lake, WI 54868

Monroe Manor **(715) 537-5700**

508 E Monroe Ave. Barron, WI 54812

Our House **(715) 236-7211**

415 E South St. Rice Lake, WI 54868

Dementia Care Facilities-also see Nursing Homes

Adult Family Homes, Community Based Residential Facilities, Residential Care Apartment Complexes, and Nursing Homes that specialize in caring for people with Alzheimer’s or other dementia.

Amery Memory Care			(715) 797-6027
215 Birch St.	Amery, WI	54001	
Brentwood Memory Care			(715) 736-7402
633 Cameron Rd.	Rice Lake, WI	54868	
Golden Age Manor			(715) 268-7107
220 Scholl Ct.	Amery, WI	54001	
Atrium Post-Acute Care of Chetek			(715) 924-4891
(formerly Knapp Haven Nursing Home)			
725 Knapp St.	Chetek, WI	54728	
Lake Hallie Memory Care			(715) 738-0011
4407 124th St	Chippewa Falls, WI	54729	
Monroe Manor			(715) 537-5700
508 E Monroe Ave.	Barron, WI	54812	
Our House Memory Care			(715) 736-0347
413 E South St.	Rice Lake, WI	54868	
Woodstone Memory Care			(715) 736-6060
950 Bear Paw Ave.	Rice Lake, WI	54868	

Assistive Technology/Adaptive Equipment

See also *Hearing, Vision*

Assistive technology and adaptive equipment enable people with disabilities to accomplish daily living tasks, assist them in communication, education, work or recreation activities, and help them achieve greater independence and enhance their quality of life.

Assisted Living Store (888) 388-5862
www.assistedlivingstore.com

Adaptive Mall (800) 371-2778
 Sell adaptive equipment (No billing, must pay out of pocket.)
www.adaptivemall.com

Apria Healthcare
 2021 Kern Ave Rice Lake, WI 54868 (715) 234-6961

Center for Independent Living Western Wisconsin (715) 736-1800
 312 W Knapp St. Suite 1 Rice Lake, WI 54868 (866) 419-1260

e-pill medication reminders (800) 549-0095
 Pill alarm timers, automatic pill dispensers, alarm watches, pill box w/alarm and more.
www.epill.com

Home Medical (715) 234-5000
 1590 Macauley Ave. Rice Lake, WI 54868

Loan Closet **ADRC** (715) 537-6225
 Used medical equipment such as wheelchairs, walkers, bath chairs & benches, etc.
 335 E Monroe Ave. Room 100 Barron, WI 54812

Lutheran Social Services (715) 210-7299
 35 W Messenger St

Numotion (715) 522-3711
 Wheelchair and mobility equipment (920) 749-3777
 2601 Morningside Drive Eau Claire, WI 54703
<http://www.numotion.com>

Maxi Aids 800-522-1294
www.maxiaids.com/store/default.asp

Walgreens Home Medical
 849 Woodward Ave. Chippewa Falls 54729 (715) 726-8540
 502 S Main St. Rice Lake, WI 54868 (715) 736-0120

Wisconsin Wistech Assistive Technology Resource Center (715) 232-3300
 Stout Vocational Rehabilitation Institute – UW Stout
 Wistech program questions (608) 266-2536
 221 10th Avenue East Menomonie, WI 54751

Barron County Resources, 05/2019

Aging & Disability Resource Center of Barron, Rusk & Washburn Counties (ADRC)
 Call 715-537-6225 or visit our website: www.adrcconnections.org

WisLoan

Low-interest loan for adaptive equipment.

(866) 419-1260

(715) 736-1800

Center for Independent Living

312 W Knapp St., Suite 1 Rice Lake, WI 54868

Caregiver Support

See also; Support Groups, Assisted Living and Nursing Homes for agencies that may provide weekend or short-term care; Support Groups.

Alzheimer's and Dementia Information ADRC (715) 537-6225 **Education and Support**

For people with dementia or who are concerned they have symptoms, their family care partners, and the community.

335 E Monroe Ave. Room 100 Barron, WI 54812

Family Caregiver Support Services ADRC (715) 537-6225

Provides support services to families who provide care to persons age 60 or older and to grandparents or older relatives with minor children living in their home.

335 E Monroe Ave. Room 100 Barron, WI 54812

Music & Memory ADRC (715) 537-6225

Provides personalized music with community support to Barron County residents living at home who have memory concerns.

335 E Monroe Ave. Room 100 Barron, WI 54812

Powerful Tools for Caregivers Workshop (715) 537-6225

Meets 2 hours a week for 6 weeks.

Helps family caregivers take care of themselves while caring for a parent, spouse or friend – at home, in a facility, or from a distance.

Agencies & programs that provide weekend or short-term care; also called respite:

Also see Assisted Living and Nursing Homes for agencies that may provide weekend or short-term care. Also see Support Groups.

These agencies serve all or parts of Barron County, and may have service hour minimum requirements.

American Parkinson Disease Association Wisconsin Chapter (608) 345-7938

Offers a wide range of information and resources to help people better understand the disease and manage their lives. Individuals with Parkinson disease may be eligible for a stipend or grant. email-apdawi@apdaparkinson.org
www.apdaparkinson.org

Daybreak ADRC (715) 537-6225

A group activity and respite care program for early to mid-stage Alzheimer's Disease or related memory disorders. The Daybreak program is available in Barron and Rice Lake.

Chores & Care File ADRC (715) 537-6225

List of local resources available for hiring in-home help.
335 E Monroe Ave. Room 100 Barron, WI

Help At Home, LLC (715) 468-7172

110 S Lake Dr. Shell Lake, WI 54871

Peaceful Living (715) 386-7071

Barron County Resources, 05/2019

Aging & Disability Resource Center of Barron, Rusk & Washburn Counties (ADRC)

Call 715-537-6225 or visit our website: www.adrcconnections.org

1810 Crestview Dr. #3A Hudson, WI 54016

United Cerebral Palsy West Central Wisconsin, Inc.

206 Water St. Eau Claire, WI 54703

(888) 845-5775

(715) 832-1782

Visiting Angels

2411 N Hillcrest Pkwy #2 Altoona, WI 54720

(715) 598-1750

Administrative support for hiring in-home help

Consumer Direct

877-785-9991

GT Independence

877-659-4500

Consumer Protection/Fraud

For complaints about identity theft and fraud.

Barron County Sheriff's Department (715) 537-3106

Justice Center
1420 State Hwy 25 N Barron, WI 54812

Better Business Bureau of WI, Inc. (800) 273-1002

10019 W Greenfield Ave. Milwaukee, WI 53201

Consumer Protection Hotline (800) 422-7128

Wisconsin Dept. of Trade, Agriculture & Consumer Protection TTY (608) 224-5058

For complaints about any type of insurance.

Office of the Commissioner of Insurance (800) 236-8517

125 South Webster St Madison, WI 53703-3474

Wisconsin Do Not Call List (888) 382-1222

Wisconsin Landlord/Tenant Hotline (Housing) (800) 422-7128

Wisconsin Dept. of Trade, Agriculture & Consumer Protection TTY (608) 224-5058

Dental Resources

Dental providers listed serve patients through a variety of payment methods which include insurance, sliding scale payments, insurance and/or Medicaid.

Affordable Dentures				(715) 855-1020
Provides complete and partial dentures, extractions, denture repair, X-rays, and reline and adjustment services.				
4850 Keystone Crossing, White Oak Commons	Eau Claire, WI	54701		
Donated Dental Services				(866) 812-9840
Volunteer dentist in your area.				
P.O. Box 14173	West Allis, WI	53214		
Ladysmith Dental Center				(715) 532-2500
315 Miner Ave. W.	Ladysmith, WI	54848		(800) 782-8581, ext. 32500
NorthLakes Community Health Center- Dental Clinic				
108 S. Main Street, P.O. Box 98 Birchwood, WI 54817				(715) 354-3369
Rice Lake Dental Center				(715) 236-8900
1501 W Stout St.	Rice Lake, WI	54868		

Emergency Needs – Housing, Gas, Food

Also see Energy/Utility Assistance, Food & Nutrition Programs, Housing, & Veterans Services.

911 – Police, Sheriff, Fire and Rescue Emergencies	Call 911
American Red Cross Northwest Wisconsin Chapter 3728 Spooner Ave. Altoona, WI 54720	(877) 618-6628
Association of Churches for Emergency Outreach Serves Rice Lake area only.	(715) 434-2236
Benjamin’s House Emergency Shelter Homeless shelter serving individuals and families. 1107 Heart Island Pkwy. Rice Lake, WI 54868	(715) 736-2437
Harvest of Hope Fund Emergency needs for food, home heating fuel, medical expenses, re-training, and other immediate situations for farm families. 7118 Old Sauk Rd. Madison, WI 53717	(608) 836-4633
The Family House 1111 Heart Island Pkwy. Rice Lake, WI 54868	(715) 651-8740
St. Vincent de Paul Emergency funds available; leave message and call will be returned within 24 hrs.	(715) 736-1601
West CAP (West Central Wisconsin Community Action Agency, Inc.) Homeless intervention program 525 Second Street, PO Box 308 Glenwood City, WI 54013	(800) 606-9227
Wisconsin Rural Housing Inc. Mortgage, rent, property tax help.	(608) 238-3448

Employment and Training Assistance Programs

Job training, counseling and employment opportunities for older adults, veterans, and people with disabilities.

Barron County Developmental Employment and Training Assistance Services, Inc. (715) 537-5341
 Serving adults with disabilities.
 175 Lake St. Barron, WI 54812

Barron County Job Center (715) 234-6827
 Provides assistance for employers and individuals seeking employment.
 331 S Main St. Rice Lake, WI 54868

Programs located at the Barron County Job Center:

Division of Vocational Rehabilitation (DVR) (800) 622-1771
 Provides employment services and counseling to people with disabilities. TTY (888) 877-5939

Veterans Assistance (715) 836-3299
 Appointments at Barron County Job Center.

Workforce Resource Inc. (715) 234-6302 ext. 1110
 Serves unemployed, underemployed and refugees. Somali (715) 537-3404
 Opportunity Center, 410 E. LaSalle Barron, WI 5481

Older Adult Employment Opportunities

For those 62 and older: contact your local district for information about opportunities to work a limited number of hours for minimum wage.

Barron School District (715) 537-5612
 Rice Lake School District (715) 234-8065

Senior Community Service Employment Program (SCSEP) (715) 234-6302, ext. 1110
 Provides part-time community service training positions to low-income persons age 55 and older.

Stout Vocational Rehabilitation Institute (715) 232-2513
 Private pay vocational evaluation & training.
 201 Vocational Rehabilitation Menomonie, WI 54751

Ventures Unlimited

Vocational services for people with disabilities in three locations

Cameron (715) 458-5005
Hayward (715) 934-3035
Shell Lake (715) 468-2939

Energy/Utility Assistance

Energy Assistance Program

(715) 537-5691

Provides financial assistance with heating bills, furnace tuning & replacement, and weatherization for income-eligible households.

Barron County Department of Health and Human Services

335 E Monroe Ave., 3rd floor Barron, WI 54812

Heat for Heroes

(800) 891-9276

Heating assistance for veterans.

Keep Wisconsin Warm/Cool Fund

1-800-891-WARM (9276)

(Should apply for Energy Assistance first)

PO Box 68 Madison, WI 53701-0068

Lifeline & Link-Up Program

Eligible customers must be in a low-income household or receive a benefit from one of the following: Wisconsin Works, Medicaid, Supplemental Security Income (SSI), FoodShare, Energy Assistance, or Homestead Credit.

Lifeline & Link-up are programs designed to help low-income people or people on a fixed income, reduce their phone or cell phone bill and assist with telephone service connection and installation.

This program does not assist with past-due bills.

To apply, contact your local telephone company and say you want to apply for the Lifeline & Link-up programs for Wisconsin.

SafeLink Wireless

(800) 723-3546

Free cellular service and cell phone through Lifeline for low-income persons.

(800) Safelink

USDA Rural Development

(715) 635-8228

Provides low-interest loans for all income-eligible persons and grants for persons age 62 and older for home weatherization and modifications.

800 N. Front St. Room 103 Spooner, WI 54801

Food & Nutrition Programs

Also see Senior Centers/Senior Dining for meal sites. Please check with your local grocer for delivery assistance.

FoodShare/Great Rivers Income Maintenance Call Center (888) 283-0012

Provides monthly benefits to help low-income households buy food.

(For questions or to apply go online: www.access.wi.gov)

Barron County Department of Health and Human Services (715) 537-5691

335 E Monroe Ave., 3rd floor Barron, WI 54812

Liquid Nutritional Supplements (715) 236-6109

Marshfield Medical Center-Rice Lake offers a variety of nutritional supplements.

1700 West Stout Street | Rice Lake, Wisconsin 54868

Effective Nov 1, 2016 Barron County no longer offers liquid supplements.

Meals On Wheels ADRC (715) 537-6225

335 E Monroe Ave. Room 100 Barron, WI 54812

Mom's Meals NourishCare (877) 508-6667

3210 SE Corporate Woods Dr. Ankeny, IA 50021

Senior Commodity Supplemental Food Program ADRC (715) 537-6225

A monthly box of food to persons age 60 and older who meet income guidelines.

335 E Monroe Ave. Room 100 Barron, WI 54812

Food Pantries & Meals

Cameron Area Food Pantry (715) 458-0466

Tuesday, 9:00 a.m.-11:00 a.m. Thursday, 1:00 p.m.-3:00 p.m.

300 N 1st St. Cameron, WI 54822

Chetek Food Shelf, Inc. (715) 925-3500

Tuesday & Thursday, 10:00 a.m.-1:00 p.m.

121 2nd St. Chetek, WI 54728

Chetek United Methodist Church (715) 924-4660

Meal served every Wednesday & Thursday, 5:30 p.m.-6:30 p.m.

300 Stout St. Chetek, WI 54728

Community Connections Lunch Box Program (715) 234-2828

Lunch served Tuesday, Noon-1:00 p.m.

35 W Messenger St. Rice Lake, WI 54868

Cumberland Food Pantry (715) 822-2004

Friday, 1:00 p.m.-3:00 p.m.

1356 2nd Ave. Cumberland, WI 54829

Cupboard & Closet Tues.: 9:00 a.m.-12:30 p.m. and Thursdays 2:00 p.m. - 4:45 p.m. 411 E LaSalle Ave. Barron, WI 54812	(715) 637-3499
Good Samaritan Ministries (On-call) 2056 15th Ave. Cameron, WI 54822	(715) 234-4230
Meal from the Heart Hot meal served 3rd Thursday of the month at 5:30 p.m. 4 W LaSalle St. Barron, WI 54812	(715) 537-3575
Prairie Farm and Ridgeland Food Pantry Tuesday, 2:00 p.m.-4:00 p.m. American Legion Building Prairie Farm, WI 54762	(715) 455-1246
Ruby's Pantry Living Water Church Food distribution 3rd Saturday of every month 9:00 a.m.-10:30 a.m. (\$20 donation) 411 North 1st St. Cameron, WI 54822	(715) 458-0121
Ruby's Pantry Cumberland Elementary School Food distribution 1st Saturday of every month, 8:00 a.m.-10:30 a.m. (\$20 donation) 1530 2nd Ave. Cumberland, WI 54829	(715) 822-2830
St. Vincent de Paul-Paul's Pantry and Soup Kitchen Tuesday & Thursday, Noon-2:00 p.m. Lunch served Mon., Wed., Thurs. & Fri., Noon – 1:00 p.m. 40 S Main St. Rice Lake, WI 54868	(715) 234-2372
Sister's Emergency Food Cupboard and Closet Mon., 10:00 – 11:00 a.m., Wed., 9:00 – 10:00 a.m., Thurs. by appt., leave message. 1108 Heart Island Pkwy. Rice Lake, WI 54868	(715) 434-4332
Turtle Lake Food Pantry Village Hall Open Tuesdays 12:30 p.m. to 3:30 p.m. 200 West Martin Ave. Turtle Lake, WI 54889	(715) 986-2241
We Share Food Pantry Tuesday, 10:30 a.m.-Noon, Thurs. 1:00 p.m.-2:30 p.m. 400 W Coleman St. Rice Lake, WI 54868	

Health Insurance/ Prescription Drug Programs

ForwardHealth Member Service (800) 362-3002
Available Monday through Friday, 8:00 a.m. - 6:00 p.m.,
except state-observed holidays

Medical Assistance (Medicaid) (888) 283-0012
Check eligibility or apply online at www.access.wi.gov
Barron County Department of Health and Human Services
335 E Monroe Ave., 3rd Floor Barron, WI 54812

Medicaid & Supplemental Security Income Recipient Service Hotline State: (800) 362-3002
Federal: (800) 772-1213
Answers questions for those receiving Medicaid including coverage billing and prior authorization.
Also provides referrals to dentist/dental services who accept Medicaid, Medicare,
Medicare Part D information, and to report Medicare fraud.

Rice Lake Area Free Clinic (715) 736-3733
Every Tuesday (except holidays) of the month, 5:00 p.m.-9:00 p.m.
Medical Arts Bldg.
1035 N. Main St. Rice Lake, WI 54868

Medicare, Medicare Part D information, and to report Medicare fraud

Medicare National Information Line (800) 633-4227
(800) Medicare

Aging & Disability Resource Center (715) 537-6225
335 E Monroe Ave. Room 100 Barron, WI 54812

Disability Drug Benefit Helpline (under 60) (800) 926-4862

Medicare Part D Helpline (855) 677-2783

Prescription Assistance Resources ADRC (715) 537-6225
335 E Monroe Ave. Room 100 Barron, WI 54812

SeniorCare (800) 657-2038
(715) 537-6225
A prescription program for Wisconsin residents age 65 or older. There are
three levels of program participation, which is dependent on income.

ABC for Rural Health (715) 485-8525
Health benefits counseling for low-income families and rural families.
100 Polk County Plaza, Suite 180 Balsam Lake, WI 54810

ABC for Health, Inc. (800) 585-4222
(608) 261-6939
Advocacy and benefit counseling, a public interest law firm connecting
Wisconsin families to health care.

32 N. Bassett St Madison, WI 53703

Medigap Insurance Policies Helpline **(800) 242-1060**

Office of the Commissioner of Insurance **(800) 236-8517**

Regulates and enforces insurance laws, agent licensing and investigates complaints.

125 South Webster St Madison, WI 53703-3474

Social Security Administration **(888) 823-3923**

Enrollment in Medicare Part A & Part B only.

1703 W Knapp St. Rice Lake, WI 54868

Wisconsin Well Woman Program

(715) 485-8514

Pays for Mammograms and other screenings for women age 45-64 who meet eligibility.

Healthy Living & Falls Prevention

Barron County Public Health Office (715) 537-5691
 335 E Monroe Ave., 3rd Floor Barron, WI 54812

Memory Screen **ADRC** (715) 537-6225
 10-minute basic screening that can help identify possible changes in memory and understanding. Available in our office or your home.
 335 E Monroe Ave. Room 100 Barron, WI 54812

Classes & Workshops

Local Senior, Community Centers and health care facilities may offer a variety of physical activity programs.

ADRC Workshops (715) 537-6225
 335 E Monroe Ave. Room 100 Barron, WI 54812

Aging Mastery Program

Beneficial Bites Workshop

Healthy Living with Diabetes

Learn tips to manage your diabetes and prevent complications if you have diabetes, prediabetes or help care for someone with diabetes

Living Well with Chronic Conditions

Take charge of your ongoing health condition by learning how to relieve symptoms and set goals to live a healthier life

Powerful Tools for Caregivers

Gain the tools and knowledge to help take care of yourself as a caregiver, whether you care for a spouse, relative or friend

Stepping On Falls Prevention

Build strength through simple exercises and gain confidence in how to prevent future falls

Safe at Home, Indianhead Community Action Agency (715) 532-1546

Evidence based program to help participants be aware of their surroundings to prevent falls. Service provided to Washburn, Taylor, Clark, Rusk and Barron.

1000 College Ave. West Ladysmith, WI 54848

Silver Sneakers

Provides a free fitness center membership to older adults whose health insurance plan participates. Check with your local health plan and fitness facility.

The Wisconsin Tobacco Quit Line (800) 784-8669

Free information on quitting smoking, one-on-one telephone counseling, and referrals to local programs. Local Senior Centers may offer a variety of physical activity programs.

Hearing - Deaf/Hard of Hearing

Center for Independent Living Western Wisconsin (715) 736-1800 (866) 419-1260
 Products to assist with hearing impairment available for loan.
 312 W Knapp St. Suite 1 Rice Lake, WI 54868

Office for the Deaf and Hard of Hearing Videophone: 715-502-9355
 Northwestern Region Fax: 715-836-6761
 610 Gibson St, Suite 1 Eau Claire, WI 54701

Telecommunication Assistance Program (TAP) (608) 266-2536

Telecommunication Equipment Purchase Program (TEPP)
 Helps persons who are deaf, hard of hearing, speech impaired, deaf with low vision, or deaf/blind purchase telecommunication equipment. Contact for an application:

Wisconsin Public Service Commission (888) 816-3831
 4822 Madison Yards Way, North Tower - 6th Floor Madison, Wisconsin 53705-9100
psc.wi.gov

Wisconsin Telecommunications Relay Systems

Allows a text telephone to be used by someone who may be deaf, hard of hearing or speech impaired to call or be called by virtually anyone using a voice telephone. Calls may be placed 24 hours a day, 7 days a week.

Voice	711 or (800) 947-6644
Voice Customer Service	(800) 395-9877
TTY	711 or (800) 947-3529
TTY Customer Service	(800) 283-9877
ASCII	711 or (800) 272-1773
ASCII/Hi Speed Fast	711 or (800) 267-8867
Speech to Speech	711 or (800) 833-7637
Spanish to English	711 or (800) 490-3723
Spanish to Spanish	711 or (877) 833-7813

Financial Help to Purchase Hearing Aids

For individuals with limited financial resources.

Audient Alliance for Accessible Hearing Care	(866) 956-5400
Help America Hear Program	(888) 580-8886
Starkey Foundation Hear Now Program	(800) 328-8602
Wisconsin Lions Foundation	(877) 463-6953

Home Care

Licensed Home Health Agencies:

State licensed home health agencies may offer a variety of in-home care, including skilled nursing, therapy services and personal care. May be covered by Medicare if prescribed by a doctor.

Hearts of Gold, Inc. (715) 468-2931

Home health aide, medication management, laboratory, physical therapy, nursing care.

38 5th Ave. Shell Lake, WI 54871 fax (715) 468-7147

Indianhead Community Action Agency (715) 532-4222

Skilled nursing only, takes Medicare, Medicaid and VA

Ladysmith WI 54848 (715) 532-5594

fax (715) 532-7808

Indianhead Medical Center Home Health (715) 468-7833

Serves Washburn, Sawyer, Burnett, Barron and Polk Counties.

P.O. Box 300, 113 4th Ave. Shell Lake, WI 54871

Interim Healthcare (715) 834-1313

Physical and occupational therapy

4257 Southtowne Dr., Ste. 3 Eau Claire, WI 54701

International Quality Homecare Corporation (877) 854-1411

(Previously Gemini)

Fax: (715) 699-1556

15614 Windrose Lane, Suite 310A Hayward, WI 54843

Lakeview Medical Center Home Care and Hospice (715) 236-6256

Skilled nursing, laboratory, medical social service, nutritional guidance, occupational therapy, pharmaceutical, physical therapy and speech therapy.

fax (715) 236-6578

Physical address: Rose Stone Plaza, Suite 6, 2304 S. Main St. Rice Lake, WI 54868

Mailing Address: 1700 W Stout St. Rice Lake, WI 54868

Mayo Clinic Health System Home Health & Hospice

1222 E Woodland Barron, WI 54812 (715) 537-3186

2049 15th Ave. Cameron, WI 54822 (715) 458-4380

Hospice

State licensed home health care and support services for the terminally ill and their families.

Interim Healthcare (715) 834-1313

Hospice and palliative care

4257 Southtowne Dr., Ste. 3 Eau Claire, WI 54701

Heartland Hospice 715-214-2485

3410 Oakwood Mall Drive, Suite 400 Eau Claire, WI 54701 fax (715) 552-1182

Marshfield Medical Center-Rice Lake (715) 236-6256

Home Health and Hospice Care

State licensed home health care and support services for the terminally ill and their families.

1700 W Stout St. Rice Lake, WI 54868

Mayo Clinic Health System Home Health & Hospice **(715) 537-3186**

1222 E Woodland Barron, WI 54812

St. Croix Hospice **(855) 278-2764**

7200 Hudson Blvd. Suite100 Oakdale, MN 55128

In-home help

Rates range from \$10-\$30 per hour. Non-medical services such as bathing, homemaking, chores, transportation, meal preparation, respite care, companionship, errands. Not covered by Medicare. *Service providers with “*” can bill Medicaid, and are licensed.

***Advanced Living Care** (715) 505-2812

903 Bongey Drive Menomonie, WI 54751

***Center for Independent Living** Voice/TTY: (715) 736-1800

312 W. Knapp Street Rice Lake, WI 54868 Voice/TTY: (866) 419-1260

(715) 736-0265 Fax

Chores & Care File ADRC (715) 537-6225

List of local resources to hire for in-home help.

335 E Monroe Ave. Room 100 Barron, WI 54812

Comfort Keepers (866) 552-6730

Eau Claire & Hudson locations.

Dash of Polish Nail Salon (715) 931-0816

103 N Main St. Rice Lake, WI 54868

Help At Home, LLC (715) 645-2598

110 S Lake Dr. Shell Lake, WI 54871

Home Sweet Home MCM LLC (715) 296-5586

2823 20th St Rice Lake, WI 54868

Housekeeping & Chore Service Contact ADRC (715) 537-6225

ADRC referral to Barron County Developmental Services Inc.

Interim Healthcare (715) 834-1313

4257 Southtowne Dr., Ste. 3 Eau Claire, WI 54701

***International Quality Homecare Corporation** (Previously Gemini) (877) 854-1411

15614 Windrose Lane, Suite 310A Hayward, WI 54843 Fax: (715) 699-1556

Lutheran Social Services (715) 210-7299

35 W Messenger St Rice Lake, WI 54868

Peaceful Living (715) 386-7071

1200 Hosford St. Suite 107 Hudson, WI 54016

***Sunshine Personal Care Agency** (715) 514 5566

1101 W. Clairemont Ave Suite 2A Eau Claire, WI 54701

Visiting Angels (715) 598-1750

2411 N Hillcrest Pkwy #2 Altoona, WI 54720

Housing – Renting

WIHousingSearch

Free resource to help you find a home that fits your needs and budget.

www.wihousingsearch.org

Independent Senior Apartments

Brentwood Senior Communities

(715) 736-7400

633 Cameron Rd. Rice Lake, WI 54868

Lakewood Regency Apartments

(715) 822-2741

1110 7th Ave. Cumberland, WI 54829

Woodstone Senior Living Community

(715) 736-6060

950 Bear Paw Ave. Rice Lake, WI 54868

Housing-Subsidized Apartments

Federally subsidized apartments for seniors, age 62+ and/or adults with disabilities who are capable of living independently.

Barron County Housing Authority **(715) 537-5344**

611 Woodland Ave. Barron, WI 54812

Open Monday –Friday 9-5

For online applications: www.barroncountyhousingauthority.com

- Almena: Portland Manor
- Barron: Berger-Woodland Manor, Parklawn Apartments
- Dallas: Parkview Manor
- Haugen: Norvin-Chateau
- Prairie Farm: Riverview Manor
- Turtle Lake: Lakeland Manor

Catholic Charities Bureau Housing Management **(715) 925-2015**

707 Tainter St. Chetek, WI 54728

Barc Lane, serves adults with intellectual disabilities
Evergreen Apartments

Catholic Charities-Rice Lake **(888) 636-2366**

For adults with chronic mental illness; application at ccbhousing.org

- Blue Valley Apartments **(715) 236-2366**
- Phoenix Villa North

Chetek Housing Authority **(715) 924-3300**

801 W Stout St. Chetek, WI 54728

Lone Oak Apartments

Cumberland Housing Authority **(715) 822-2005**

1295 6th Ave. Cumberland, WI 54829

Island City Apartments, Island City Duplexes, Lakeview Apartments

Housing Authority City of Barron **(715) 537-5533**

123 E Franklin Ave. Barron, WI 54812

Parklawn Apartments

Impact Seven **(715) 434-1717**

2961 Decker Dr. Rice Lake, WI 54868

- Almena: Home Store Apartments, Joseph Vinopal Villa,
- Barron: Maple Park Apartments
- Chetek: Center Park Apartments, BARC Lane, serves developmentally disabled
- Rice Lake: Pine Park Apartments

Landmark Company-Eau Claire **(715) 834-3411 (800) 924-3256**

Locations throughout Barron County. Landmark-company.com

TTY: (715) 834-4010

Prairie Farm Pioneer Housing, Inc. Pioneer Housing Scott Terrace serves intellectually disabled	(715) 418-3195
Rice Lake Housing Authority 132 W Marshall St. Rice Lake, WI 54868 Applications available in lobby 8:00 a.m.-4:30 p.m.; accepted 8 a.m.-noon. Marshall Towers, Red Cedar Village, Riverside Arms, Water's Edge	(715) 234-3721
WestCAP (West Central Wisconsin Community Action Agency, Inc.) 525 Second Street, PO Box 308 Glenwood City, WI 54013 Barron: Sunrise Meadows I, Sunrise Meadows II Rice Lake: Cedar Meadows	(800) 606-9227
Turtle Lake Non-profit Housing Lakeland Manor Turtle Lake, WI 54889	(715) 986-2546
Woodland Village Apartments Rice Lake	(715) 234-1590
<u>Subsidized Rent Vouchers</u>	
Barron County Housing Authority	(715) 537-5344
Rice Lake Housing Authority	(715) 234-3721
Wisconsin Landlord/Tenant Hotline Help resolving issues and complaints.	(800) 422-7128

Housing – Repairs/ Modifications/Weatherization

Center for Independent Living (715) 736-1800

Options for home accessibility. Home organization, moving assistance, and relocation help.

312 W Knapp St. Suite 1 Rice Lake, WI 54868

Habitat for Humanity (715) 736-0088

2500 South Main St B Rice Lake, WI 54868

Critical home repairs to qualified individuals.

Home Repair Program (715) 726-7933

Assists low and moderate-income households with repairs to their homes.

ext. 2 option #2

Chippewa County Housing Authority

711 N. Bridge St., Room #14 Chippewa Falls, WI 54729

Safe at Home (715) 532-4222

1000 College Ave West Ladysmith, WI 54848

Tomorrow’s Home Foundation (608) 255-3131

Manufactured/mobile homes.

258 Corporate Dr. Suite 200C Madison, WI 53714

USDA Rural Development (715) 635-8228 ext 4

Provides low-interest loans for all income-eligible persons and grants for persons age 62 and older for home weatherization and modifications.

800 N Front St. Room 103 Spooner, WI 54801

WisLoan (715) 736-1800

Low-interest loans available to people with disabilities for adaptive equipment such as ramps and grab bars.

WI Fund (715) 537-6375

Private Sewage System Replacement or Rehabilitation Grant Program.

Barron County Zoning Office

335 E Monroe Ave. Barron, WI 54812

Legal

Legal Assistance

Disability Rights Wisconsin

217 W Knapp St. Rice Lake, WI 54868

(715) 736-1232

(800) 928-8778

TTY (888) 758-6049

Indianhead Community Action Agency

Legal Assistance for Victims in partnership with Embrace.

(715) 532-4222

Wisconsin Corporate Guardianship Directory

Corporate Guardians have to be approved by the Division of Quality Assurance. The list is available at:

[https://Wisconsin Corporate Guardianship Directory](https://wisconsin.gov/cg/)

Wisconsin Guardianship Support Center

Greater Wisconsin Area Agency on Aging. Information about advance directives and guardianship-related issues. Does not provide legal representation.

(855) 409-9410

Wisconsin Judicare, Inc.

Legal services program for low-income persons.
P.O. Box 6100 Wausau, WI 54402

(800) 472-1638

Wisconsin State Bar Lawyer Referral & Information Services

Does not provide referrals for pro-bono or reduced rates.

(800) 362-9082

Wisconsin Pooled & Community Trusts, Inc. (WisPACT)

Special needs trusts for people with disabilities.
226 Corporate Dr., Madison, WI 53714

(608) 268-6006

American Bar Association Wisconsin Free Legal Answers

<https://wi.freelegalanswers.org>

Legal information for qualified persons.

Medical Equipment

Also see Assistive Technology.

Wheelchairs, hospital beds, grab bars, medical supplies, etc. Local pharmacies may have additional medical supplies/equipment.

Loan Options

Foxy Locks Wig Bank (715) 434-6003

Wigs available for checkout using Rice Lake Public Library Card. (715) 931-0637

Rice Lake Public Library/Pink Ribbon Advocacy
2 E Marshall St Rice Lake, WI 54868

Loan Closet **ADRC** (715) 537-6225

Used medical equipment such as wheelchairs, walkers, bath chairs & benches, etc.
335 E Monroe Ave. Room 100 Barron, WI 54812

Center for Independent Living Western Wisconsin (715) 736-1800

Equipment and technology to promote independence available for loan.
312 W Knapp St. Suite 1 Rice Lake, WI 54868

Purchase Options

Apria Healthcare Inc. (715) 234-6961

By appointment only.
2021 Kern Ave. Rice Lake, WI 54868

Center for Independent Living Western Wisconsin (715) 736-1800

Used equipment available for sale.
312 W Knapp St. Suite 1 Rice Lake, WI 54868

Home Medical Products & Services (715) 234-5000 (800) 528-9969

1590 McCauley Ave. Rice Lake, WI 54868

Medication Management

Check with your local pharmacy for their specific options.

Safe Living Technologies-North	(800) 860-4230
Medication dispenser, reminder calls and emergency response systems	(715) 234-2349
Center for Independent Living Western Wisconsin	(715) 736-1800
Medication dispensers and reminders available for loan.	
312 W Knapp St. Suite 1 Rice Lake, WI 54868	
Comfort Keepers	(715) 381-6730
Medication dispenser & reminder service.	
Ohde Pharmacy Medi-set Service	(715) 924-3592
Weekly medication set up \$20/mo. fee. Delivery to homebound in the city of Chetek.	
628 2nd St. Chetek, WI 54728	
Prescription Drug Plan Selection Assistance ADRC	(715) 537-6225
335 E Monroe Ave. Room 100 Barron, WI 54812	

Disposal Options

Medication Return Drop Box (24/7 disposal)

Barron County Justice Center	1420 State Hwy 25 NBarron, WI 54812	(715) 537-3106
Cameron Police Department	300 North 1st Street Cameron, WI	54822 (715) 458-2117
Cumberland Healthcare	1110 7th Ave. Cumberland, WI	54829 (715) 822-7500
Cumberland Police Department	950 1st Avenue Cumberland, WI	54829 (715) 822-2754
CVS Pharmacy	535 E Division Ave Barron, WI	54812 (715) 637-0991
Marshfield Clinic Pharmacy	1700 W Stout St Rice Lake, WI	54868 (715) 236-8103
Ohde Pharmacy	628 2nd Street Chetek, WI	54728 (715) 924-3592
Rice Lake Police Department	34 South Wilson Avenue Rice Lake, WI	54868 (715) 234-1500
Turtle Lake Police Department	115 Martin Avenue Turtle Lake, WI	54889 (715) 986-2942

Sharps Disposal

(715) 537-6580

Barron County Public Health Office accepts full sharps containers free of charge.

335 E Monroe Ave., 3rd Floor Barron, WI 54812

Cumberland Healthcare

1110 7th Ave. Cumberland, WI 54829

(715) 822-6282

Mayo Clinic Health System-Northland

1222 E Woodland Ave. Barron, WI 54812

(715)537-3186

Nursing Homes/Skilled Nursing Facilities

See also Dementia Care Facilities.

Aging & Disability Resource Center			(715) 537-6225
For assistance with information about paying for nursing home care, information on area nursing homes, or other options to nursing home placement.			
335 E Monroe Ave. Room 100	Barron, WI	54812	
Care & Rehab Center – Barron			(715) 537-5643
660 E Birch Ave.	Barron, WI	54812	
Care & Rehab – Cumberland			(715) 822-7050
1110 7th Ave.	Cumberland, WI	54829	
Heritage Lakeside			(715) 234-9101
1016 Lakeshore Dr.	Rice Lake, WI	54868	
*Atrium Post-Acute Care of Chetek			(715) 924-4891
(Formerly Knapp Haven Nursing Home)			
725 Knapp St.	Chetek, WI	54728	
Dove Healthcare – Nursing Home			(715) 234-2604
910 Bear Paw Ave.	Rice Lake, WI	54868	
Pioneer Nursing Home			(715) 455-1178
530 River Ave.	Prairie Farm, WI	54762	
*Wisconsin Veterans Home			(715) 720-6775
2175 E Park Ave.	Chippewa Falls, WI	54729	

* Have dementia units

Mental Health & Substance Abuse

Check your local phone book for counseling services.

Local Crisis Phone Number	(888) 552-6642
Alcoholics Anonymous Support groups around Barron County.	(715) 931-8262
Amery Behavioral Health Center Specializes in mental health and dementia behaviors for older adults, inpatient/outpatient. 230 Deronda St. Amery, WI 54001	(715) 268-0069
Barron County Behavioral Health Services 35 E Monroe Ave., 3rd Floor Barron, WI 54812 Provides help with a range of mental health issues and maintains a listing of local mental health providers. Check the current list on the Barron County web site.	(715) 537-5691
National Alliance for the Mentally Ill (NAMI) Rice Lake, WI 54868 Calls answered every Tuesday at (715) 736-0089 namibarroncounty.wixsite.com/namibarroncounty	(715) 568-4426
Narcotics Anonymous Chippewa Valley Area (Eau Claire, Menomonie, Chippewa Falls) http://chippewavalleyna.org	(888) 543-0924
THRIVE: Barron County Mental Health Team Up-to-date list of Mental Health providers	(715) 537-6101
CCS-Comprehensive Community Services BEST-Barron, Eau Claire and St Croix Counties Barron County Health and Human Services 335 E. Monroe Ave. Barron, WI 54812	(715) 537-5691
Wisconsin Council on Problem Gambling 1423 Kellogg St. Green Bay, WI 54303	(800) 426-2535
Women's Way Program-Lutheran Social Services Provides free case management to women with addictions. 335 E Monroe Ave. Barron, WI 54812	(715) 855-6181

Personal Emergency Response Systems

A Personal Emergency Response System (or PERS) is a service generally provided by a private company that helps to monitor its subscribers for falls, medical problems or other emergencies by use of a three-part system including a:

- 1) pendant, charm, necklace, belt or watch;
- 2) base station;
- 3) call center/monitoring station.

Medicare and most insurance companies typically don't pay for the equipment. New options include a Mobile Personal Emergency Response System (MPERS), which allows the subscriber to be away from the base station by using cellular technology. Many companies also offer automatic fall detection for those who don't know to press their help button or who have lost consciousness. Costs range from \$25-\$50/month.

Safe Living Technologies-North	(715) 234-2349
Barron County Medical Alert (Team Northwoods Communications)	(715) 868-8326
CareNet (Mosaic Telecom)	(715) 458-5400
Chippewa Valley Electric – Med-A-Lert P.O. Box 575 Cornell, WI 54732	(800) 300-6800
Citizens Connected P.O. Box 127 New Auburn, WI 54757	(715) 237-2605
Comfort Keepers Eau Claire & Hudson Locations	(866) 552-6730
Cumberland Memorial Hospital-Lifeline 1110 Seventh Ave. Cumberland, WI 54829	(715) 822-2741
Marshfield Medical Center-Rice Lake-Lifeline 1700 W Stout St. Rice Lake, WI 54868	(715) 236-6209
Project Lifesaver – Barron County Through Sheriff's Department to safeguard and locate individuals who may wander.	(715) 637-6870

Representative Payee Services

A representative payee is a person or agency who provides financial budgeting and bill paying for those who have a difficult time with these tasks on their own. A representative payee will manage your money and pay your bills and budget an allowance for you. If a person needs a representative payee for funds received from the Social Security Administration, they should contact their local field office.

Beneficial Rep Payee Services, Inc.			(715) 831-9349
P.O. Box 3153	Eau Claire, WI	54702	
House Calls of Menomonie, Inc.			(888) 232-6475
P.O. Box 361	Menomonie, WI	54751	
Payee Services, Inc.			(866) 755-0203
P.O. Box 26	Menomonie, WI	54751	(715) 233-0203
RRP Services, Inc.			(715) 434-1042
	Rice Lake, WI	54868	fax (715) 434-1043

Senior Centers/Senior Dining

Provide recreation activities for older adults, cards, crafts, dancing, trips, movies, exercise, delicious meals, etc.

Almena Township Hall*				(715) 357-6016
Meals served Tues & Thurs.	211 West Soo Ave.	Almena, WI	54805	
Barron Senior Center				(715) 537-5726
Meals served Monday – Friday.	12 N 3rd St.	Barron, WI	54812	
Cameron Senior Center				(715) 458-2765
Meals served Monday-Friday.	512 Main St.	Cameron, WI	54822	
Chetek Community Center				(715) 925-2600
Meals served Monday – Friday.	711 1st St.	Chetek, WI	54728	
Cumberland Senior Center				(715) 822-8794
Meals served Monday – Friday.	1255 Webb St.	Cumberland, WI	54829	
Dallas Lutheran Church*				(715) 837-1795
Meals served Thursday.	101 E Dallas St.	Dallas, WI	54733	
Haugen Village Hall				(715) 234-4630
Meals served Tuesday & Friday.	104 3rd St.	Haugen, WI	54841	
Rice Lake Senior Center				(715) 234-7224
Meals served Monday – Friday.	12 W Humbird St.	Rice Lake, WI	54868	
Turtle Lake Becker St. Apartments*				(715) 986-2034
Meals served Mon, Wed, Fri.	301 Becker St.	Turtle Lake, WI	54889	

*Meal site only.

If you can't get ahold of a person at the dining site, call the Nutrition Program Manager at 715-537-6228

Social Security

Social Security Administration

The Social Security program's benefits include retirement income, disability income, Medicare and Medicaid, and death and survivorship benefits.

			National (800) 772-1213
			National TTY (800) 325-0778
1703 W. Knapp St.	Rice Lake, WI	54868	(888) 823-3923

Support Groups

- Alcoholics Anonymous** (715) 931-8262
Support groups around Barron County.
- ALS Support Group, Northwestern WI** (715) 271-7257
Second Thursday of each month, 1:00 pm to 3:00 pm
Chippewa Valley Bible Church 531 E. South Ave. Chippewa Falls, WI
- Alzheimer's Caregiver Support Groups**
Bethany Lutheran, Rice Lake 2nd Tuesday of each month (715) 537-6225
Rice Lake Senior Center, 12 W Humbird St, Rice Lake (715) 736-0347
1st Monday of each month, evening, RSVP preferred, walk-ins welcome
- Breast Cancer Support Group-Pink Ribbon Advocacy, Inc.,** (715) 537-1400
Meets 2nd Tuesday monthly at 4:30 p.m., Grace Episcopal Church
119 W. Humbird Street Rice Lake, WI 54868
- Early Stage Memory Loss Support Group** (715) 537-6225
Aging and Disability Resource Center. Pre-registration required
- Grief Support Group, Healing Hearts** (715) 924-4660
A Community Support Group for Caregivers, Chetek United Methodist Church
- Grief Support Group, Rice Lake Area** (715) 236-6256
Marshfield Medical Center-Rice Lake Home and Health Hospice Rice Lake, WI 54868
- Low Vision Support Group ADRC** (715) 537-6225
Transportation available Barron, WI 54812
- National Alliance for the Mentally Ill (NAMI)**
Rice Lake, WI 54868 For emergencies call 911
namibarroncounty.wixsite.com/namibarroncounty
Workshops and classes, calls answered every Tuesday at (715) 736-0089
- Narcotics Anonymous** (888) 543-0924
Chippewa Valley Area (Eau Claire, Menomonie, Chippewa Falls)
<http://chippewavalleyna.org>
- Northwoods Area Stroke Support Group** (715) 236-6256
Marshfield Medical Center-Rice Lake Homecare and Hospice Rice Lake, WI 54868
- Ostomy Support Group** (715) 537-6756
Meets March, May, September and November in Rice Lake. Please call for specific dates and times. Open to any ostomates and their supportive family and friend. Support group is part of United Ostomy Association of America (UOAA). www.ostomy.org
- Parkinson's Support Group** (715) 468-4334
1st Thursday of the month at 1pm at St Joseph Church. (715) 255-0357
502 2nd St. Shell Lake, WI 54871
- Traumatic Brain Injury Support Group** (715) 234-0079
Marshfield Medical Center-Rice Lake Rice Lake
1st Sunday of the month, downstairs conference room
Free lunch at 12:30 p.m. for participants; meeting runs from 1:30 p.m.-3:30 p.m.

Transportation Services-Medical

Emergency Medical -Call 911

Non-Emergency Medical

For individuals on Medical Assistance

Medical Transportation Management (MTM)* (866) 907-1493

*For individuals **not** on Medical Assistance.*

Add LIFE Transit* (715) 537-6333
Please call-individual options vary.

American Cancer Society's Road-To-Recovery (800) 227-2345
Available based on volunteer availability. Transportation to cancer treatment. No cost to patient.

Arrow Taxi (715) 418-4388
1643 15th Street Barron, WI 54812

Handi-Lift* (715) 822-5077
1779 10th St. Cumberland, WI 54829

Namekagon Transit* (866) 295-9599
County-wide public transportation. Door-to-door service, reservations required. Reduced cost for seniors and people with disabilities.

Rice Lake City Cab* (715) 234-6305
30 E Eau Claire St. Rice Lake, WI 54868

Veterans Service Office* (715) 537-6290
To VA Hospital/Clinic
335 E Monroe Ave. Room 100 Barron, WI 54812

*Ramp or lift-equipped available

Transportation Services-Non-medical, Local

AddLIFE Transit* (715) 537-6333
 Errands, shopping, senior dining, etc. Reservations required. Monday-Friday only.

Arrow Taxi (715) 418-4388
 1643 15th Street Barron, WI 54812

Badger Taxi (715)-434-4444
 1971 16 1/2 Ave. Cameron, WI 54822

Namekagon Transit* (715) 634-6633 (866) 295-9599
 County-wide public transportation. Door-to-door service, reservations required.
 Reduced cost for seniors and people with disabilities.

New Freedom Transportation Program (800) 228-3287
 Center for Independent Living, Inc. for Western WI, Inc.
 *To qualify a person must have a temporary or permanent disability, or be frail elderly and have a transportation barrier.
 2920 Schneider Ave. SE Menomonie, WI 54751

Rice Lake City Cab* (715) 234-6305
 30 E Eau Claire St. Rice Lake, WI 54868

Other Transportation Related Resources:

A&J Mobility (715) 874-6630
 Automobile and van adaptations. 2650 Prospect Drive. Eau Claire, WI 54703

Chippewa Valley Shuttle Service (877) 811-4211
 To Mpls/St Paul Airport only. Call for current pick-up locations.

Disabled Parking Permit Special Plates Unit (608) 266-3041
 Temporary & permanent available through Wisconsin Motor Vehicle Dept.
 P.O. Box 7306 Madison, WI

Jefferson Bus Lines (800) 451-5333
 Call for schedule or visit www.jeffersonlines.com.

Jump Start Program (800) 606-9227
 Vehicle purchase assistance for low-income persons through West CAP.
 P.O. Box 308 Glenwood City, WI

Mobility Management (866) 295-9599
 Free, personal assistance in finding transportation resources that meet your needs.

NWT Express (877) 698-3977
 To Twin Cities for any reason. 15954 River's Edge Dr. Hayward, WI 54843
 *Ramp or lift-equipped available

Veterans Services

Veterans Service Office 335 E Monroe Ave., Room 100 Barron, WI 54812	(715) 537-6290
Barron County Job Center Office hours vary. Call for an appointment. Located at the Barron County Job Center.	(715) 234-6826
Chippewa Falls Veterans and Recovery Program (VHRP) 2820 East Park Ave., Bldg. 128 Chippewa Falls, WI 54729	(715) 726-2541
Heat for Heroes Heating assistance for veterans. Applications available at the Veterans Service Office in Barron.	(800) 891-9276
La Crosse Veteran’s Center Free mental health services for veterans, satellite office in Barron.	(608) 782-4403
Minneapolis VA Medical Center Transportation available, call Veterans Service Office.	(612) 725-2000 (715) 537-6290
Rice Lake VA Medical Clinic 2700A College Dr. Rice Lake, WI 54868	(715) 236-3355
Supportive Services for Veteran Families Center for Veteran Issues (SSVF) 800 Wisconsin St., Bldg. 2, Suite 208 Eau Claire, WI 54703	(715) 559-5966
Tomah VA Medical Center	(800) 872-8662
Wisconsin Veterans Home 2175 E Park Ave. Chippewa Falls, WI 54729 N2665 County Road QQ King, WI 54946	(715) 720-6775 (715) 258-5586

Vision – Blind/Low Vision

Aging & Disability Resource Center	(715) 537-6225
Large-print calendars. 335 E Monroe Ave. Room 100 Barron, WI 54812	
Center for Independent Living Western Wisconsin	TTY (866) 419-1260
Products to assist with vision impairment available for loan. 312 W Knapp St. Suite 1 Rice Lake, WI 54868	(715) 736-1800
EyeCare America	(877) 887-6327
Free eye exams to those who qualify.	
Hadley	TTY (800) 323-4238
Distance learning courses for the blind & visually impaired, their families, people who work for them and with them. 700 Elm St. Winnetka, IL 60093	TTY (800) 526-9909 TTY (847) 446-8111
Prevent Blindness of Wisconsin	(414) 765-0505
Healthy eyes program helps with financial assistance to purchase prescriptions and pay for eye exams. 731 N. Jackson Suite 405 Milwaukee, WI 53202	
Low Vision Support Group ADRC	(715) 537-6225
Transportation available. 335 E Monroe Ave. Barron, WI 54812	
Office for the Blind and Visually Impaired	(715) 836-6772
Free directory assistance exemption service & free home assessments from rehabilitation specialist. 610 Gibson St. Suite 1 Eau Claire, WI 54701	
Wisconsin Council of the Blind & Visually Impaired	(608) 255-1166
Services and resources for people who are blind or visually impaired. Free white canes Sharper Vision Store 754 Williamson St. Madison, WI 53703	(608) 237-8100
Wisconsin Talking Book & Braille Library	(800) 242-8822
813 W. Wells St. Milwaukee, WI 53233	

Websites

Internet access is available at no cost at the local libraries. Classes on navigating the Internet are available at some libraries, senior centers, and Technical Colleges.

Aging & Disabilities

Administration on Community Living	https://eldercare.acl.gov
Wisconsin Aging Programs	www.dhs.wisconsin.gov/aging
Wisconsin Aging & Disability Resource Centers	www.dhs.wisconsin.gov/adrc/index.htm
Wisconsin Disability Services	www.dhs.wisconsin.gov/disabilities

Alzheimer's Resources

Alzheimer's Association	www.alz.org
Alzheimer's Disease Education and Referral	www.nia.nih.gov/alzheimers
WI Adult Day Services Association	www.wadsa.org
Benefits Medicare	www.medicare.gov
Social Security Administration	www.ssa.gov
Wisconsin ACCESS	www.access.wi.gov

Blind/Low Vision

Office for the Blind and Visually Impaired	www.dhs.wisconsin.gov/blind
Lighthouse International	www.lighthouse.org
Wisconsin Council of the Blind	www.wcblind.org

Caregiver Resources

National Alliance for Caregiving	www.caregiving.org
National Center on Caregiving	www.caregiver.org
Caregiver Action Network	www.caregiveraction.org
Caregiver Stress	www.caregiverstress.com
Wisconsin Family Caregiver Support Program	www.wisconsincaregiver.org

Deaf & Hard of Hearing

Office for Deaf and Hard of Hearing	www.dhs.wisconsin.gov/odhh/odhhservices.htm
Wisconsin Association of the Deaf	www.wisdeaf.org

Employment

Department of Workforce Development	www.dwd.state.wi.us
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Government

Wisconsin Official State Government Site	www.wisconsin.gov
Wisconsin Division of Quality Assurance	www.dhs.wisconsin.gov/dqa/sections.htm
Legislative Hotline	www.legis.state.wi.us
Wisconsin Insurance Commissioner	www.oci.wi.gov
Senior Guide for Consumer Protection	https://datcp.wi.gov/Pages/Publications/SeniorGuide.aspx

Barron County Resources, 05/2019

Aging & Disability Resource Center of Barron, Rusk & Washburn Counties (ADRC)
Call 715-537-6225 or visit our website: www.adrcconnections.org

Health Information

NIH Senior Health www.nihseniorhealth.gov
Webmd www.webmd.com

Housing

Housing and Urban Development
Resource Locator resources.hud.gov

Organizations

AARP www.aarp.org
Coalition of Wisconsin Aging Groups www.cwag.org
Disability Rights Wisconsin www.disabilityrightswi.org
Long Term Care Ombudsman www.dhs.wisconsin.gov/aging/lcombud.htm
Greater Wisconsin Area Agency on Aging Resources www.gwaar.org

Youth Transition

Adults Helping Our Youth (AHOY) (715) 458-5005

Aging & Disability Resource Center (715) 537-6225

Information about resources available when youth with disabilities reach adulthood.
335 E Monroe Ave. Room 100 Barron, WI 54812

United Cerebral Palsy West Central Wisconsin, Inc. (888) 845-5775
206 Water St. Eau Claire, WI 54703 (715) 832-1782

Ventures Unlimited, Inc.
Mentoring program for youth with disabilities age 16 and older through
Ventures Unlimited, Inc.
700 N. 1st St Cameron, WI 54822

Western Regional Center for Children and Youth with Special Health Care Needs (CYSHCN) (715) 726-7907
(800) 400-3678
Work with children and youth, birth to 21 with special health needs.
711 N. Bridge St., Room 121 Chippewa Falls, WI 54729 fax: (715) 726-7910

Learn More About Our Services

Caregiver Services

You are a caregiver if you are a spouse, adult child, other relative or friend who helps care for, or is concerned about an older adult or a person with a disability. Caregiving is a two-sided coin. Amidst the joy of helping someone else, there may also be feelings of stress, frustrations, guilt, and a concern about how you are going to handle future caregiving needs.

The ADRC of Barron, Rusk & Washburn Counties offers professional, unbiased information about supportive services and options that can assist you – the caregiver- and the person you are caring for.

Here are some of the services we offer:

- **Support Groups** - These groups provide a great opportunity for caregivers and family members to share and learn from others experiencing similar frustrations and concerns. Occasionally, speakers are brought in to provide valuable information and resources.
- **Powerful Tools for Caregiver Classes** - This six week course is designed specifically for the caregiver to teach important tools to help reduce stress, improve communications, master emotions and communicate in challenging situations.
- **Adult Day Care** - A day time social program for those with memory loss and confusion that provides safety, stimulation, and engagement with others. Please see brochure for full details.
- **National Family Caregiver and Alzheimer Family & Caregiver Support Programs** - Limited financial assistance is available annually to individuals providing care to others. Call us for more information about this program and status of the funds.
- **Information and Assistance** - We offer office, in-home and phone consultation about community resources and options available to you. These include respite care, financial resources and care options as well as information about ways to reduce stress and take care of you.
- **Caregiver Outreach Presentations** - Community presentations can be scheduled on issues related to caregiving to help raise awareness and educate the public about available resources.
- **Resource Library** - A variety of books, brochures and DVDs are available for check out. Topics range from caregiver wellness to specific health conditions related information

Choosing the Right Assisted Living Facility

Assisted Living facilities offer housing alternatives for older adults or adults with disabilities who may need help with dressing, bathing, eating, and toileting, but do not require the intensive medical and nursing care provided in a nursing home.

How to Choose a Facility

Begin by thinking about what is important to you or your loved one:

- Do you prefer to live with a lot of people or a few people?
- Do you want a private bathroom?
- Do you have Alzheimer's or dementia?

Narrow down your search:

- Do you want a facility in a particular town, close to friends and family?
- Can the facility provide the level of services that you need?

Schedule a tour of facilities that you are interested in:

- Visit each facility more than once, sometime unannounced.
- Visit at meal times, sample the food, and observe the quality of mealtime services.
- Observe interactions among residents and staff.
- Check to see if the facility offers social, recreational, spiritual activities.
- Talk to residents.
- Learn what staffing level they are and what training staff receive.
- Is there a waiting list?

Find out if the facility you are considering has received any citations:

- Contact the Division of Quality Assurance at 800-642-6552.
- Ask the facility if they have received any citations.

Disability Benefit Specialist Program

What is a Disability Benefit Specialist?

A Disability Benefit Specialist (DBS) works with individuals who are between the ages of 18 and 59 and have physical disabilities, developmental disabilities, and/or mental illness and counsels them about public or private benefits. DBS staff are trained by attorneys from Disability Rights of Wisconsin.

Who should seek help from a Disability Benefit Specialist?

- Persons who want to know more about private or public benefits.
- Persons who need help with or information about applying for benefits.
- Persons who have been denied a benefit which they think they are entitled to.

What can a Disability Benefit Specialist help you with?

- Social Security Disability Income (SSDI)
- Supplemental Security Income (SSI)
- Information about private health and disability insurance
- Medical Assistance
- Medicare A, B, C, and D
- Medicare Supplement Insurance
- Patient Assistance Drug Programs
- Other benefit needs and issues

Do Not Resuscitate Order, and Bracelet

Wisconsin passed a statute in 1996 as part of WI Act 2000 regarding “Do Not Resuscitate” (DNR) orders. A DNR order is signed by a physician to direct emergency medical service providers not to attempt cardiopulmonary resuscitation (CPR) on a patient. It is standard emergency medical practice to perform CPR on all persons found to be in cardiac or respiratory arrest.

A DNR order may be issued in certain circumstances if a patient with a qualifying medical condition requests that CPR not be done. This decision is made by the patient and their physician after discussing future treatment options. A special DNR bracelet informs first responders, EMT's, paramedics, and emergency room personnel not to attempt CPR when a patient is wearing an approved bracelet. These statutes only apply to the emergency personnel noted above, who are primarily pre-hospital and emergency department health care providers; they do not control DNR orders for inpatient hospital or other inpatient settings.

Your attending physician is the only person who may issue a DNR order for you. The order is signed only if a qualified patient requests and signs the DNR order. A person who has a DNR order is then identified by a special DNR bracelet. The bracelet is placed on the person's wrist by the physician or someone designated to do so. Family members cannot be given bracelets to put on the person.

DNR bracelets must be honored unless the patient revokes the order, or the bracelet appears to be damaged or tampered with. If a bracelet falls off, is damaged, or is not readable, it can be replaced as long as a signed order is in your medical record.

Elder Benefit Specialist Program

What is an Elder Benefit Specialist?

Elder Benefit Specialists provide information, assistance, and advocacy to Wisconsin residents age 60 or older on a broad range of benefit programs. They provide information and support in areas such as program eligibility criteria, applying for benefits, appealing benefit denials or incorrect benefit amounts, consumer debt, landlord/tenant law, and private insurance. Elder Benefit Specialists receive on-going training, support and supervision from attorneys at the Greater Wisconsin Area on Aging Resources.

Who should seek help from an Elder Benefit Specialist?

- People 60 or over who want to know more about private and public benefits.
- People 60 or over who need help in applying for benefits.
- People 60 or over who have been denied a benefit that they think they are entitled to receive.

How can an Elder Benefit Specialist help?

- They can provide you with accurate and current information on your benefits.
- They can provide advocacy on your behalf with other parties.
- They can provide you with explanations and possible solutions to issues related to your benefits.

What can an Elder Benefit Specialist help you with?

- Medicare A, B, C, and D
- Medicare Advantage Plans & Medicare Supplement Programs
- Medicare Savings Programs
- Senior Care & Medicare Prescription Drug Plans
- Social Security & Supplemental Security Income (SSI)
- Medical Assistance/Medicaid
- Spousal Impoverishment Protections
- Food Share
- Veterans Benefits
- Long Term Care Insurance
- Housing Problems
- Age Discrimination
- Consumer Problems

Elderly Nutrition Programs

The purpose of the Elderly Nutrition Program is to reduce hunger and food insecurity, to promote socialization of older adults, and to promote the health and well-being of older individuals. Everyone age 60 and older is welcome to participate. Good nutrition helps you think better, fight illness, and have more energy. Getting started on the path to good nutrition is easier than you think.

Here are some of the services we offer:

- Senior Dining - Dining with others can improve your appetite. Scratch cooking, coffee and great company are a few more reasons to give it a try. See the Senior Centers/Senior Dining section for detailed information.
- Meals on Wheels - If you are stuck at home and having a hard time cooking, Meals on Wheels will provide that same delicious meal, delivered with a smile. Maybe you need them during recovery and maybe you need them long-term, these meals are the “little bit of help” you need to stay independent.
- Liquid Nutritional Supplements - Sometimes a little extra is needed to build your strength. Supplements are available at reduced cost with a prescription from a doctor or dietician.
- Beneficial Bites - Need some “easy-to-digest” nutrition information? More importantly, need some reliable information? Your ADRC nutrition staff can help. Nutrition education sessions are regularly offered throughout the county so look for them.
- Commodity Supplemental Food Program - Serves people 60+ in Barron County, who meet income guidelines. Boxes of food containing cereal, juice, milk, canned fruits & vegetables, meat, pasta/rice, and cheese are distribute monthly.

Healthy Living Programs

- **Beneficial Bites**

Free educational sessions about different foods provided at several community/senior centers in Barron County. These sessions provide information about the health benefits of the featured food, along with important details about selection, storage and preparation of the food. Food samples and recipes are also part of every session.

- **Healthy Living with Diabetes**

Increase confidence and develop techniques to deal with the symptoms of diabetes and improve blood sugar readings. Learn about appropriate exercise healthy eating strategies a, dealing with difficult emotions, stress reduction techniques, and preventing complications. This is a 6-week workshop.

- **Living Well with Chronic Conditions, Put Life Back Into Your Life!**

A 6-week workshop designed to help those with ongoing health conditions build confidence in their ability to manage their health and maintain active and fulfilling lives.

- **Powerful Tools for Caregivers**

A 6-week course designed specifically for the caregiver to teach important tools to help reduce stress, improve communications, master emotions and communicate in challenging situations.

- **Stepping On: Building Confidence and Reducing Falls**

A 7-week workshop for adults age 60 and over. Learn strength and balance exercises, the role vision plays in keeping balance, how medications can contribute to falls, what to look for in safe footwear, and home hazards

Home Care Services

Home care services are designed to help individuals remain living at home and in their communities for as long as they desire. Costs range between \$10-\$30/hour.

Who Should Consider Home Care Services?

- Older adults with support needs
- Individuals with a disability who have care needs
- People recovering from an illness, surgery or hospital stay

Types of Home Care Services Available:

- Skilled Care – health care services, physical therapy, medical social work
- Personal Care Services – bathing, dressing
- Supportive Services – house cleaning, meal preparation, laundry, etc.

Tips for Hiring A Home Care Provider:

- Interview providers in person
- Ask for references
- Ensure a criminal background check has been completed for staff
- Document a plan for services to be provided
- Make billing/payment arrangements
- Check availability for services on off-hours or weekends as necessary

Questions to Ask When Hiring a Home Care Provider:

- How long has the agency been in business?
- What training does the staff have?
- Are the caregivers and/or agency certified or licensed by the state?
- Are the caregivers insured?
- What is the minimum time your agency requires for the service?

Housing and Care Options

The following describes the various options available to individuals who need supportive services in their place of residence. Choice of a suitable alternative depends on a number of factors, including lifestyle preferences, the level of support needed, cost, and the options available in a particular community. Some of the options are subject to government regulation, while others are not.

In Home Care

Care services can be provided to individuals in their own home or apartment. Homemaker, chore services, home delivered meals, home health care, attendant care, and transportation are some of the services that make it possible for people with long term care needs to remain in their homes. These can be arranged through public social service agencies, purchased from private agencies, or provided by family and friends. While most services are unregulated, home health agencies are licensed by the state.

Senior and Disabled Housing/Independent Living Apartments

This housing is multi-unit rental housing that is specially designed for, and marketed to elderly and disabled tenants. Most offer studio and/or one bedroom apartments and some have a recreation room or other common space for social gatherings. There may be a manager available to make referrals or organize events. Tenants may individually arrange for supportive services from outside providers, as with any in-home care. No license or special regulation is required for the facility.

Residential Care Apartment Complex (RCAC)

RCACs combine apartment housing with supportive, personal and nursing services. Residents have their own apartments, including full bath and kitchen facilities, and retain control over their personal space, care decisions and daily routines. Services are individually tailored to each resident's capacities and preferences and are adjusted as necessary to avoid requiring people to move if they need more help. Facilities may provide up to 28 hours of service per resident per week. RCACs are either registered or certified. Certified facilities are monitored by the state and eligible to receive Medical Assistance waiver funding, registered facilities will not.

Adult Family Home (AFH)

An adult family home is a residence where one to four unrelated adults live and receive meals, supervision, and personal care. Many adult family homes, especially those with only one or two paying residents, are private homes where elderly or people with disabilities live with a foster family. Adult family homes caring for one or two unrelated adults are certified by a local managed care organization; homes caring for three or four residents are licensed and regulated by the state.

Community Based Residential Facility (CBRF)

CBRFs are staffed group living arrangements that provide room, board, supervision and other supportive services to five or more unrelated residents. Typically, residents have a private or shared sleeping room and share living, dining, and bathroom space with other residents of the facility. CBRFs are intended for people who cannot live independently but are neither acutely ill nor need extensive amounts of nursing care. Facilities vary in size from five residents to over 100. Some are houses, others are facilities. Some serve a frail elderly population; others serve people with disabilities, people with Alzheimer's disease, or mixed group of residents. All CBRFs are licensed by the state.

Nursing Home

A nursing home is a health care facility which provides room, board, and 24 hour care. Residents may be admitted for a short-term stays or for long-term care for chronic conditions. Nursing homes are licensed by the state. Most are also certified for Medicare and Medicaid, which provide public funds to cover the cost of care for eligible residents.

Living Will/Power of Attorney

As a competent adult, you have the right to make your own health care decisions. However, you could become incapacitated at any time by an accident, illness or debilitating condition that could lead to your loss of ability to express your wishes about medical treatment. For this reason, it is important for you to plan for future health care decisions. An advance directive is a legal document that allows you to make your health care desires and preferences known.

An advance directive includes written instructions recognized under state law by which you communicate your health care preferences. There are many different terms used to describe advance directives.

The written advance directives recognized by Wisconsin law are:

- Power of Attorney for Health Care (POAHC)
- Declaration to Physicians (known in Wisconsin as Living Will)

Completing either of these documents is voluntary. They are “valid” once they have been completed, properly witnessed and signed. It is important to know that you continue to make your own health care decisions as long as you are able. A Power of Attorney for Health Care becomes effective when two physicians, or one physician and one psychologist, personally examine you and sign a certificate that you are “incapacitated” to make health care decisions. A Living Will becomes effective when you are either in a “persistent vegetative state” or have a terminal illness with death imminent. Two physicians must certify that one of these conditions exists.

For further information, or to access Advanced Directive Forms visit www.dhs.wisconsin.gov/forms/AdvDirectives.

Long Term Care

Long term care programs, such as Family Care & IRIS, provide services and supports to eligible adults to meet their long term care needs, allowing them to maintain independence and choice in their lives.

Current long term care programs are designed to promote:

- Access – creating a setting where people are able to receive the services they need when they need them.
- Choice – allowing individuals to choose where and how they receive their care.
- Quality – ensuring that services meet an individual’s needs and provide for a good quality of life.
- Cost-effectiveness – assure a sustainable future.

Am I eligible?

- You must be a resident of the county in which you are applying.
- You must be elderly or have a physical or developmental disability.
- You must be found functionally eligible through a long term care functional screen.
- You must be financially eligible.

How to apply or receive additional information:

Contact the Aging & Disability Resource Center (ADRC) of Barron, Rusk & Washburn Counties and ask to speak with an Information & Assistance Specialist. ADRC’s are the single point of entry for providing information and options about long term care programs as well as determining eligibility. An Information & Assistance Specialist will meet with you to determine your eligibility for long term care programs as well as assistance with the enrollment process.

Nursing Home Relocation

Do you reside in a nursing home, but would prefer to live elsewhere?

For individuals that are residing in a nursing home the Community Relocation Initiative (CRI) may enable you to move to a different setting where you can receive the services that you need. Alternative settings can include your home/apartment or assisted living facility.

Am I eligible?

- You must reside in a nursing home and have long term care needs.
- Your nursing home stay is currently paid for by Wisconsin Medicaid.
- You must be 65 years of age or older or have a disability.

How to receive additional information:

Contact the social worker at the nursing home and ask for a referral to the Aging & Disability Resource Center (ADRC) of Barron, Rusk & Washburn Counties. An Information & Assistance Specialist will meet with you to determine your eligibility.

Volunteer Opportunities

Volunteer with us today!!

Volunteer Home Delivered Meal Drivers

Deliver a hot, nutritious meal to an older, homebound adult. Routes are available every day or select days of the week. Bring sunshine (and a hot meal) into the life of another.

Meal Site Volunteer

Make the group meal site a welcome and warm place to enjoy a midday meal. Help prepare the dining room, assist in serving meals, and clean up after the food, fun and fellowship.

Health & Wellness Class Volunteer

Interested in health, wellness, and prevention? Volunteers are trained to lead classes and work with community health educators.

Office Assistant

Projects could include making copies, answering phones, putting folders/information brochures together, stuffing envelopes, attaching mailing labels, and many more tasks based on the volunteers' interests.

Medicare Part D Assistant

Are you computer savvy and interested in a short term commitment? We need volunteers to help enter information into the computer during Part D Open Enrollment (October – beginning of December)

If interested in volunteering, call the Aging & Disability Resource Center today!

When Should a Person Quit Driving?

There is no specific age at which a person can be considered too old to drive, as long as he or she remains healthy and if the declines that take place in the senses and other capabilities are normal. However, because our driver's license carries the greatest responsibility that each of us will ever have, we need to ask ourselves some questions regardless of age.

- Do I have memory problems?
- Am I sometimes afraid to drive?
- Do I feel aggressive when I drive?
- Do I have trouble with my vision? Especially at night?
- Do I have trouble hearing?
- Do I take medication that causes drowsiness, or stimulates?
- Do others honk their horn at me for no reason?
- Do I have difficulty with heavy interstate traffic?
- How can I improve my driving skills?

Youth Transition Services Information

For students with disabilities, the Aging & Disability Resource Center is a vital link or “Bridge” between school and community in order to experience the adult world at its best!

The ADRC can assist in answering questions you may have such as:

- Where can I live after high school?
- Can I make my own healthy meals?
- Can I afford to live on my own?
- How am I going to get around town?
- What will I do for a job?
- Do I need assistance with handling my money?
- Do I need help making legal decisions?

How can the Aging & Disability Resource Center help you?

The ADRC can provide:

- Assistance, advocacy and eligibility for Long Term Care services at age 17 years, 6 months old.
- The tools necessary to assist with choices, right and future planning into adult programs and services after high school.
- Information on Guardianship, Power of Attorney for health, and Representative Payee.
- Direction and assistance in understanding your benefits such as Social Security and Medicaid.
- A review of vocational services and programs for future employment, whether part time or full time.