



Resource Directory

Barron County

January, 2019

For latest updates please go online to view:

<http://www.adrcconnections.org/resource-guides>



“Connections for Better Living”

Phone: (715) 537-6225

335 E Monroe Avenue, Room 100

Barron, WI 54812-1478

Toll-free: (888) 538-3031

Fax: (715) 537-6842

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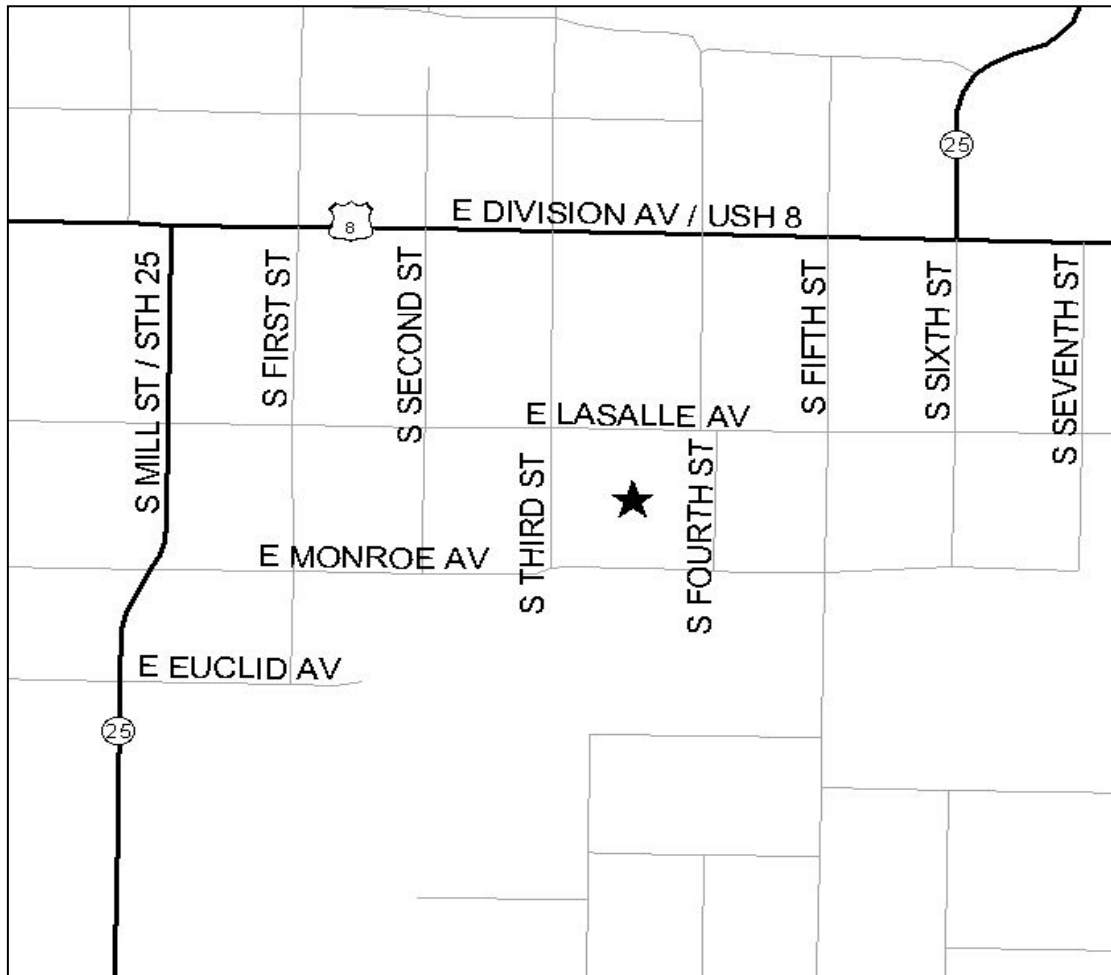
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Dementia Care Specialist	Trisha Witham
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Elder Benefit Specialist	Mary Simpson
Fiscal/Administrative Specialist	Terri Mikyska
Health Promotion Specialist	Natalia Del Monte/Peggy Schmidt
Information & Assistance Specialist	Sue Allyn & Sarah Miller
Meals on Wheels Coordinator	Joanne Sweet
Nutrition & Transportation Program Manager	Darby Smith
Outreach Specialist	Chris Hagen
Office Assistant	Maggie Sinclair
Resource Specialist	Kim Cobb

www.adrcconnections.org**Email: adrc@co.barron.wi.us****Veterans Services Staff****715-537-6290**

Veterans Service Officer	Scott Bachowski
Assistant Veterans Service Officer	Tammi Stoker

Map and Directions



Barron County Government Center (old courthouse)

335 E Monroe Avenue, Room 100
Barron, WI 54812-1478

Phone: (715) 537-6225
Fax: (715) 537-6842

Toll-free: (888) 538-3031

Directions from the north: Take Hwy 25 or Hwy 53 south to Hwy 8. Head west on Hwy 8 and turn left on Third St. Turn left on Monroe Ave.

Directions from the south: Take Hwy 53 north to Hwy 8. Head west on Hwy 8 and turn left on Third St. Turn left on Monroe Ave.

Directions from the east: Take Hwy 8 west. Turn left on Third St. Then turn left on Monroe Ave.

Directions from the west: Take Hwy 8 east to Third St. Turn right on Third St. Then turn left on Monroe Ave.

Barron County Resources, 01/2019

Aging & Disability Resource Center of Barron, Rusk & Washburn Counties (ADRC)
Call 715-537-6225 or visit our website: www.adrcconnections.org

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This resource directory contains information on many topics, products, and programs. It should be used as an overview and general guide. No endorsements or recommendations are made by the Aging and Disability Resource Center of Barron, Rusk, and Washburn Counties.

What is an ADRC?

The Aging and Disability Resource Center (ADRC) is a public office where people can find help in their communities for older people and adults with disabilities, as well as their families and friends. Our staff is available to answer your questions and help you explore all of your options. Free, private, confidential meetings with our staff are available at the resource center, over the telephone, or in a visit to your home.

Call 715-537-6225 or 1-888-538-3031.

What we do

- Benefits counseling – Accurate and current information on private and government benefits and programs. “Red tape cutters” on problems related to Medicare, Social Security, and other benefits.
- Equipment loan closet – Short term rental of commodes, bath benches, walkers, wheelchairs, etc. \$15.00 each for three months.
- Family caregiver services – Consultation with individuals and families, support group, respite programs, Daybreak adult day care, educational materials.
- Health & Wellness Programs – Healthy living programs, falls prevention workshops, monthly nutrition workshops, and caregiver support workshops.
- Information and connections – Answers to questions and assistance in locating needed help.
- Informational lending library – Books, CDs, tapes, pamphlets, brochures.
- Long-term care options counseling – Consultation and advice about the options available to meet an individual’s long-term care needs, including enrollment into long term care options (Family Care and IRIS).
- Meals-on-Wheels – Meals are delivered to homebound adults age 60+ and includes a check on their well-being. Suggested donation: \$4.00.
- Medicare/supplemental insurance counseling – Help seniors with filing claims, solving claim errors, appealing decisions, and understanding and comparing supplemental health insurance policies.
- Private-pay caregiver hiring – Families needing to hire a caregiver can review job applications completed by caregivers seeking work. Families use their private funds to directly pay caregivers.
- Senior dining – Healthy, appetizing meals served at senior centers. Opportunity for networking, visiting with friends, volunteering. Suggested donation: \$4.00.
- Tax-aide – Help with filing Wisconsin Homestead Tax and income tax returns.
- Transportation – Information about transportation choices and volunteer drivers.
- Youth Transition Services-Information about resources available when youth with disabilities reach adulthood.

Abuse & Neglect

Report suspected physical abuse, emotional abuse, financial abuse, sexual abuse, neglect, or self-neglect of an older person or adult with a disability. Callers may choose to be anonymous.

For reporting about people living in a long-term care facility.

Long Term Care Ombudsman

(800) 815-0015

For reporting allegations of abuse or neglect by facility staff or home health workers.

Wisconsin Division of Quality Assurance

(800) 642-6552

For all other reporting.

Barron County Department of Health & Human Services

Adult Protective Services

(715) 537-5691

335 E Monroe Ave., 3rd Floor Barron, WI 54812

Barron County Domestic Abuse Project

(715) 537-6334

Advocacy for survivors and victims of domestic abuse.

After-hours: (888) 552-6642

Time-Out Family Abuse Shelter, Inc. (715) 532-6976

(800) 924-0556

Crisis/support line and shelter for victims of domestic violence, sexual assault, and their families.

P.O. Box 406 Ladysmith, WI 54848

Advocacy/Community Organizations

AARP Wisconsin – (American Assoc. of Retired Persons) 222 W Washington Ave. Suite 600 Madison, WI 53703	(866) 448-3611
AgrAbility of Wisconsin Independent living services for individuals and families engaged in farming and coping with a disability. Provided at your home or farm.	(608) 262-9336 TTY (800) 947-3529
AIDS Resource Center of Wisconsin 505 Dewey St. S. Suite 107 Eau Claire, WI 54701	(800) 750-2437 (715) 836-7710
American Cancer Society N19 W24075 Riverwood Dr. Waukesha, WI 53188	(800) 227-2345 (262) 523-5500
Arthritis Foundation 10427 W. Lincoln Ave., Suite 1300 West Allis, WI 53227	(800) 333-1380
Autism Society of Wisconsin 1477 Kenwood Dr. Menasha, WI 54952	(888) 428-8476
Barron County Area Literacy Council, Inc. Free reading help for adults. 1128 22 7/16th St. Chetek, WI 54728	(715) 637-5797
Brain Injury Alliance of Wisconsin 6409 Odana Rd., Suite #1 Madison, WI 53719	(800) 882-9282
Brain Injury Resource Center of Wisconsin 511 N. Grand Avenue Waukesha, WI 53186	(262) 770-4882
Center for Independent Living Western Wisconsin 312 W Knapp St. Suite 1 Rice Lake, WI 54868	(715) 736-1800 (866) 419-1260
Coalition of Wisconsin Aging Groups (CWAG) Mailing address: P.O. Box 628248 Middleton, WI 53562 Physical address: 2850 Dairy Dr. Suite #100 Madison, WI 53718	(800) 488-2596 (608) 224-0606
Disability Rights Wisconsin 217 W Knapp St. Rice Lake, WI 54868	(715) 736-1232 (877) 338-3724
Down Syndrome Association of Wisconsin P.O. Box 3156 Eau Claire, WI 54702	(715) 379-0563
Epilepsy Foundation of Western Wisconsin 1812 Brackett Ave. Suite 5 Eau Claire, WI 54701	(800) 924-2105 (715) 834-4455

For complaints, questions and/or concerns regarding the care and the rights of people (ages 18-59) receiving Family Care or IRIS.

Family Care & IRIS Ombudsman (715) 736-1232 (877) 338-3724

For complaints, questions and/or concerns regarding the care and the rights of residents in nursing homes, group homes, and people age 60 and older receiving Family Care.

Long Term Care & IRIS Ombudsman/ Family Care (800) 815-0015

NAMI of Barron County (National Alliance on Mental Illness) (715) 568-4426

P.O. Box 477 Rice Lake, WI 54868

Pink Ribbon Advocacy, Inc. (715) 537-1400

Financial assistance to breast cancer patients.
2071 9 ½ St. Cumberland, WI 54829

The Arc Eau Claire (715) 514-1825

Developmental disabilities
800 Wisconsin St. Mailbox 86 Eau Claire, WI 54703

United Cerebral Palsy West Central Wisconsin, Inc. (888) 845-5775

206 Water St. Eau Claire, WI 54703 (715) 832-1782

Wisconsin Board for People with Developmental Disabilities (888) 332-1677

101 E. Wilson St., Rm. 219 Madison, WI 53703 (608) 266-7826

Alzheimer's Disease, Dementia & Memory Loss

Alzheimer's Association of Greater Wisconsin 404 ½ N Bridge Street Chippewa Falls 54729	24 hr helpline (800) 272-3900 (715) 720-7611
Alzheimer's Caregiver Support Groups Bethany Lutheran, Rice Lake 2nd Tuesday of each month Pioneer Nursing Home, Prairie Farm 2nd Thurs. of each month Pre-registration requested. Rice Lake Senior Center, 12 W Humbird St, Rice Lake 1st Monday of each month, evening, RSVP preferred, walk-ins welcome	(715) 537-6225 (715) 455-1178 (715) 736-0347
Early Stage Memory Loss Support Group Rice Lake, WI 4th Monday of each month Pre-registration required.	(715) 537-6225
Alzheimer's and Dementia Information, Education and Support For people with dementia or who are concerned they have symptoms, their family care partners, and the community. 335 E Monroe Ave. Room 100 Barron, WI 54812	(715) 537-6225
Daybreak ADRC A group activity and respite care program for early to mid-stage Alzheimer's 335 E Monroe Ave. Room 100 Barron, WI 54812	(715) 537-6225
DICE (Describe, Investigate, Create, Evaluate) ADRC A complimentary program to help family caregivers manage behavioral and psychological symptoms of dementia. 335 E Monroe Ave. Room 100 Barron, WI 54812	(715) 537-6225
MedicAlert & Safe Return Emergency response service for wandering and medical emergencies.	Join: (888) 572-8566 Helpline: (800-272-3900)
Memory Screen ADRC 335 E Monroe Ave. Room 100 Barron, WI 54812	(715) 537-6225
Music & Memory ADRC Provides personalized music with community support to Barron County residents living at home who have memory concerns. 335 E Monroe Ave. Room 100 Barron, WI 54812	(715) 537-6225
Project Lifesaver – Barron County Through Sheriff's Department to safeguard and locate individuals who may wander.	(715) 637-6840

Dementia Care Living Facilities –see Assisted Living and Nursing Homes

Geriatric Clinics

Prevea Health (715) 839-5175
Geriatric Assessments
617 Clairemont Avenue Eau Claire, WI 43701

Memory Clinics

For the evaluation of memory problems.

Clinics affiliated with WI Alzheimer’s Institute (608) 263-2761

Wisconsin Alzheimer’s Institute (608) 829-3300
University of Wisconsin School of Medicine & Public Health
7818 Big Sky Drive, Suite 215 Madison, WI 53719

Mayo Clinic Health System Memory Care Clinic (715) 838-1900
Clinic hours: Monday afternoons.
1400 Bellinger Street, 5th Floor Neurosciences Eau Claire, WI 54703

Mayo Clinic Alzheimer’s Research Center (507) 284-1324
200 First St. SW Rochester, MN 55905

Gundersen Memory Center (800) 362-9567 ext 5900
1900 S. Ave. La Crosse, WI 54601

Marshfield Clinic-Memory Clinics
Eau Claire 2nd Friday of the month (715) 858-4500

Spooner Health System Memory Clinic (715)-939-1687
1280 Chandler Dr. Spooner, WI 54801

Assisted Living

Adult Family Homes

(877) 622-6700

Supervision, room and board provided. Current listing: <https://www.dhs.wisconsin.gov/guide/afh.htm>

1-2 bed homes are certified by Inclusa.

3-4 bed homes are licensed by the State of Wisconsin.

Residential Care Apartment Complexes (RCACs)

An apartment that includes a kitchen, living area, bedroom, and private bathroom.

Registered or certified by the State of Wisconsin. Private & semi-private rooms.

Services include meals, laundry, housekeeping, arranging medical appointments and transportation, and may include up to 28 hours per week of nursing care per resident.

<http://www.dhs.wisconsin.gov/bqaconsumer/assistedliving/aslivdirs.htm>

Atrium Senior Living of Chetek (formerly known as Pelican Place) **(715) 924-4891**

708 Tainter St. Chetek, WI 54728

Brentwood Senior Communities **(715) 736-7400**

633 Cameron Rd. Rice Lake, WI 54868

Dove Healthcare – Barron – Assisted Living **(715) 537-1151**

1333 E Memorial Dr. Barron, WI 54812

Woodstone Senior Living Community **(715) 736-6060**

950 Bear Paw Ave. Rice Lake, WI 54868

Community Based Residential Facilities (CBRFs)

State licensed: 24-hour supervision, meals, medication monitoring, personal care, semi-private, private rooms or apartments. Facilities generally have 5-25 residents. State licensed.

IntegriCare **(715) 790-4727**

1372 24 3/8 St. Cameron, WI 54822

Care Partners **(715) 719-0415**

1639 Kern Ave. Rice Lake, WI 54868

Country Terrace **(715) 234-2012**

1631 Kern Ave. Rice Lake, WI 54868

IntegriCare **(715) 719-0024**

Rice Lake, WI 54868

Monroe Manor **(715) 537-5700**

508 E Monroe Ave. Barron, WI 54812

Our House **(715) 236-7211**

415 E South St. Rice Lake, WI 54868

Dementia Care Facilities-also see Nursing Homes

Adult Family Homes, Community Based Residential Facilities, Residential Care Apartment Complexes, and Nursing Homes that specialize in caring for people with Alzheimer’s or other dementia.

Amery Memory Care			(715) 797-6027
215 Birch St.	Amery, WI	54001	
Brentwood Memory Care			(715) 736-7402
633 Cameron Rd.	Rice Lake, WI	54868	
Golden Age Manor			(715) 268-7107
220 Scholl Ct.	Amery, WI	54001	
Atrium Post-Acute Care of Chetek			(715) 924-4891
(formerly Knapp Haven Nursing Home)			
725 Knapp St.	Chetek, WI	54728	
Lake Hallie Memory Care			(715) 738-0011
4407 124th St	Chippewa Falls, WI	54729	
Monroe Manor			(715) 537-5700
508 E Monroe Ave.	Barron, WI	54812	
Our House Memory Care			(715) 736-0347
413 E South St.	Rice Lake, WI	54868	
Woodstone Memory Care			(715) 736-6060
950 Bear Paw Ave.	Rice Lake, WI	54868	

Assistive Technology/Adaptive Equipment

See also *Hearing, Vision*

Assistive technology and adaptive equipment enable people with disabilities to accomplish daily living tasks, assist them in communication, education, work or recreation activities, and help them achieve greater independence and enhance their quality of life.

Assisted Living Store (888) 388-5862
www.assistedlivingstore.com

Adaptive Experts (800) 371-2778

Driver Evaluation and Training for People with Disabilities

A national company that provides a team of state licensed Occupational/Physical therapist with expertise as licensed driving instructors. Services include comprehensive driving evaluations and behind-the-wheel driver training.

www.adaptivemall.com

Apria Healthcare (715) 834-2425

1316 North Hastings Way Eau Claire, WI 54703

2021 Kern Ave Rice Lake, WI 54868 (715) 234-6961

Center for Independent Living Western Wisconsin (715) 736-1800

312 W Knapp St. Suite 1 Rice Lake, WI 54868 (866) 419-1260

e-pill medication reminders

www.epill.com

Home Medical (715) 234-5000

1590 Macauley Ave. Rice Lake, WI 54868

Lutheran Social Services (715) 210-7299

35 W Messenger St

Numotion (715) 552-3711

2601 Morningside Dr. Eau Claire, WI 54703 (800) 522-6294

<http://www.numotion.com>

Maxi Aids

www.maxiaids.com/store/default.asp

Walgreens Home Medical (715) 726-8540

849 Woodward Ave. Chippewa Falls 54729

502 S Main St. Rice Lake, WI 54868 (715) 736-0120

WisLoan (877) 463-3778

Low-interest loan for adaptive equipment. (414) 305-0509

Center for Independent Living

312 W Knapp St. Suite 1 Rice Lake, WI 54868

Caregiver Support

See also; Support Groups, Assisted Living and Nursing Homes for agencies that may provide weekend or short-term care; Support Groups.

Alzheimer’s and Dementia Information ADRC (715) 537-6225
Education and Support

For people with dementia or who are concerned they have symptoms, their family care partners, and the community.

335 E Monroe Ave. Room 100 Barron, WI 54812

Family Caregiver Support Services ADRC (715) 537-6225

Provides support services to families who provide care to persons age 60 or older and to grandparents or older relatives with minor children living in their home.

335 E Monroe Ave. Room 100 Barron, WI 54812

Music & Memory ADRC (715) 537-6225

Provides personalized music with community support to Barron County residents living at home who have memory concerns.

335 E Monroe Ave. Room 100 Barron, WI 54812

Powerful Tools for Caregivers Workshop (715) 537-6225

Meets 2 hours a week for 6 weeks.

Helps family caregivers take care of themselves while caring for a parent, spouse or friend – at home, in a facility, or from a distance.

Agencies & programs that provide weekend or short-term care; also called respite:

Also see Assisted Living and Nursing Homes for agencies that may provide weekend or short-term care. Also see Support Groups.

These agencies serve all or parts of Barron County, and may have service hour minimum requirements.

American Parkinson Disease Association Wisconsin Chapter (608) 229-7628

Individuals with Parkinson disease may be eligible for a stipend to be used for respite care services.

Daybreak ADRC (715) 537-6225

A group activity and respite care program for early to mid-stage Alzheimer’s Disease or related memory disorders. The Daybreak program is available in Barron and Rice Lake.

Chores & Care File ADRC (715) 537-6225

List of local resources available for hiring in-home help.
335 E Monroe Ave. Room 100 Barron, WI

Comfort Keepers (715) 381-6730

Eau Claire & Hudson locations.

Help At Home, LLC (715) 645-2598

110 S Lake Dr. Shell Lake, WI 54871

Peaceful Living			(715) 386-7071
411 County Road UU, Unit C	Hudson, WI	54016	
United Cerebral Palsy West Central Wisconsin, Inc.			(888) 845-5775
206 Water St.	Eau Claire, WI	54703	(715) 832-1782
Visiting Angels			(715) 598-1750
2411 N Hillcrest Pkwy #2	Altoona, WI	54720	

Support for hiring in-home help

Consumer Direct			877-785-9991
GT Independence			877-659-4500

Consumer Protection/Fraud

For complaints about identity theft and fraud.

Barron County Sheriff's Department (715) 537-3106

Justice Center
1420 State Hwy 25 N Barron, WI 54812

Better Business Bureau of WI, Inc. (800) 273-1002

10019 W Greenfield Ave. Milwaukee, WI 53201

Consumer Protection Hotline (800) 422-7128

Wisconsin Dept. of Trade, Agriculture & Consumer Protection TTY (608) 224-5058

For complaints about any type of insurance.

Office of the Commissioner of Insurance (800) 236-8517

125 South Webster St Madison, WI 53703-3474

Wisconsin Do Not Call List (888) 382-1222

Wisconsin Landlord/Tenant Hotline (Housing) (800) 422-7128

Wisconsin Dept. of Trade, Agriculture & Consumer Protection TTY (608) 224-5058

Dental Resources

Dental providers listed serve patients through a variety of payment methods which include Medicaid and/or sliding scale payments and insurance.

Affordable Dentures				(715) 855-1020
4850 Keystone Crossing	Eau Claire, WI	54701		
Donated Dental Services				(866) 812-9840
Volunteer dentist in your area.				
P.O. Box 14173	West Allis, WI	53214		
North Lakes Community Clinic				
108 S. Main Street, PO Box 98,	Birchwood,	WI 54817		(715) 354-3369
212 Maple Street South, PO Box 27		Turtle Lake, WI	54889	(715) 986-2599
Rice Lake Dental Center				(715) 236-8900
1501 W Stout St.	Rice Lake, WI	54868		
Rural Health Dental Clinic				(715) 986-2599
212 Maple St. S.	Turtle Lake, WI	54889		

Emergency Needs – Housing, Gas, Food

Also see Energy/Utility Assistance, Food & Nutrition Programs, Housing, & Veterans Services.

911 – Police, Sheriff, Fire and Rescue Emergencies	Call 911
American Red Cross Western Wisconsin Chapter 3728 Spooner Ave. Altoona, WI 54720	(877) 618-6628
Association of Churches for Emergency Outreach Serves Rice Lake area only.	(715) 434-2236
Benjamin’s House Emergency Shelter Homeless shelter serving individuals and families. 1107 Heart Island Pkwy. Rice Lake, WI 54868	(715) 736-2437
Harvest of Hope Fund Emergency needs for food, home heating fuel, medical expenses, re-training, and other immediate situations for farm families. 7118 Old Sauk Rd. Madison, WI 53717	(608) 836-4633
Rice Lake Guest House 1113 Heart Island Pkwy. Rice Lake, WI 54868	(715) 234-4811
Salvation Army P.O. Box 8 Rice Lake, WI 54868 Emergency overnight shelter.	Rice Lake: (715) 434-2236 Rural Barron: (715) 554-4928
Family House P.O. Box 29 Rice Lake, Wisconsin 54868	(715) 651-8740
St. Vincent de Paul Emergency funds available; leave message and call will be returned within 24 hrs.	(715) 736-1601
West CAP (West Central Wisconsin Community Action Agency, Inc.) 525 Second Street, PO Box 308 Glenwood City, WI 54013	(800) 606-9227

Employment

Job training, counseling and employment opportunities for older adults, veterans, and people with disabilities.

Barron County Developmental Disabilities Services (715) 537-5341
Vocational Day Program
 175 Lake St. Barron, WI 54812

Barron County Job Center (715) 234-7821
 Provides assistance for employers and individuals seeking employment.
 331 S Main St. Rice Lake, WI 54868

Programs located at the Barron County Job Center:

Division of Vocational Rehabilitation (DVR) (715) 234-6806
 Provides employment services and counseling to people with disabilities.

Veterans Assistance (715) 234-6826
 Office hours at Barron County Job Center.

Workforce Resource Inc. (715) 234-6302 (715) 234-6826
 Serves unemployed, underemployed and refugees. Somali (715) 537-3404

Stout Vocational Rehabilitation Institute (715) 232-2513
 Private pay vocational evaluation & training.
 101 Vocational Rehabilitation Menomonie, WI 54751

Ventures Unlimited
 Vocational services for people with disabilities in three locations

Cameron (715) 458-5005

Hayward (715) 934-3035

Shell Lake (715) 468-2939

Energy/Utility Assistance

Energy Assistance Program

(715) 537-5691

Provides financial assistance with heating bills, furnace tuning & replacement, and weatherization for income-eligible households.

Barron County Department of Health and Human Services

335 E Monroe Ave., 3rd floor Barron, WI 54812

Heat for Heroes

(800) 891-9276

Heating assistance for veterans.

Keep Wisconsin Warm/Cool Fund

1-800-891-WARM (9276)

(Should apply for Energy Assistance first)

PO Box 68 Madison, WI 53701-0068

Lifeline & Link-Up Program

Eligible customers must be in a low-income household or receive a benefit from one of the following: Wisconsin Works, Medicaid, Supplemental Security Income (SSI), FoodShare, Energy Assistance, or Homestead Credit.

Lifeline & Link-up are programs designed to help low-income people or people on a fixed income, reduce their phone or cell phone bill and assist with telephone service connection and installation.

This program does not assist with past-due bills.

To apply, contact your local telephone company and say you want to apply for the Lifeline & Link-up programs for Wisconsin.

SafeLink Wireless

(800) 723-3546

Free cellular service and cell phone through Lifeline for low-income persons.

(800) Safelink

USDA Rural Development

(715) 635-8228

Provides low-interest loans for all income-eligible persons and grants for persons age 62 and older for home weatherization and modifications.

800 N Front St. Room 102 Spooner, WI 54801

Food & Nutrition Programs

Also see Senior Centers/Senior Dining for meal sites. Please check with your local grocer for delivery assistance.

FoodShare/Great Rivers Income Maintenance Call Center (888) 283-0012

Provides monthly benefits to help low-income households buy food.
(For questions or to apply go online: www.access.wi.gov)

Barron County Department of Health and Human Services (715) 537-5691

335 E Monroe Ave., 3rd floor Barron, WI 54812

Liquid Nutritional Supplements (715) 236-6109

Lakeview Medical Center offers a variety of nutritional supplements.

1700 West Stout Street | Rice Lake, Wisconsin 54868

Effective Nov 1, 2016 Barron County no longer offers liquid supplements.

Meals On Wheels ADRC (715) 537-6225

335 E Monroe Ave. Room 100 Barron, WI 54812

Mom's Meals NourishCare (877) 508-6667

3210 SE Corporate Woods Dr Ankeny, IA 50021

Senior Commodity Supplemental Food Program ADRC (715) 537-6225

A monthly box of food to persons age 60 and older who meet income guidelines.

335 E Monroe Ave. Room 100 Barron, WI 54812

Food Pantries & Meals

Cameron Area Food Pantry (715) 458-0466

Tuesday, 9:00 a.m.-11:00 a.m. Thursday, 1:00 p.m.-3:00 p.m.

300 N 1st St. Cameron, WI 54822

Chetek Food Shelf, Inc. (715) 925-3500

Tuesday & Thursday, 10:00 a.m.-1:00 p.m.

121 2nd St. Chetek, WI 54728

Chetek United Methodist Church (715) 924-4660

Meal served every Wednesday & Thursday, 5:30 p.m.-6:30 p.m.

300 Stout St. Chetek, WI 54728

Community Connections Lunch Box Program (715) 234-2828

Lunch served Tuesday, Noon-1:00 p.m.

35 W Messenger St. Rice Lake, WI 54868

Cumberland Food Pantry (715) 822-2004

Friday, 1:00 p.m.-3:00 p.m.

1356 2nd Ave. Cumberland, WI 54829

Cupboard & Closet Tues.: 9:00 a.m.-12:30 p.m. and Thursdays 2:00 p.m. - 4:45 p.m. 411 E LaSalle Ave. Barron, WI 54812	(715) 637-3499
Good Samaritan Ministries (On-call) 2056 15th Ave. Cameron, WI 54822	(715) 234-4230
Meal from the Heart Hot meal served 3rd Thursday of the month at 5:30 p.m. 4 W LaSalle St. Barron, WI 54812	(715) 537-3575
Prairie Farm and Ridgeland Food Pantry Tuesday, 2:00 p.m.-4:00 p.m. American Legion Building Prairie Farm, WI 54762	(715) 455-1246
Ruby's Pantry Living Water Church Food distribution 3rd Saturday of every month 9:00 a.m.-10:30 a.m. (\$20 donation) 411 North 1st St. Cameron, WI 54822	(715) 458-0121
Ruby's Pantry Cumberland Elementary School Food distribution 1st Saturday of every month, 8:00 a.m.-10:30 a.m. (\$20 donation) 1530 2nd Ave. Cumberland, WI 54829	(715) 822-2830
St. Vincent de Paul-Paul's Pantry and Soup Kitchen Tuesday & Thursday, Noon-2:00 p.m. Lunch served Mon., Wed., Thurs. & Fri., Noon – 1:00 p.m. 40 S Main St. Rice Lake, WI 54868	(715) 234-2372
Sister's Emergency Food Cupboard and Closet Mon., 10:00 – 11:00 a.m., Wed., 9:00 – 10:00 a.m., Thurs. by appt., leave message. 1108 Heart Island Pkwy. Rice Lake, WI 54868	(715) 434-4332
Turtle Lake Food Pantry Village Hall Open Tuesdays 12:30 p.m. to 3:30 p.m. 200 West Martin Ave. Turtle Lake, WI 54889	(715) 986-2241
We Share Food Pantry Tuesday, 10:30 a.m.-Noon, Thurs. 1:00 p.m.-2:30 p.m. 400 W Coleman St. Rice Lake, WI 54868	

Health Insurance/ Prescription Drug Programs

ForwardHealth Member Service (800) 362-3002
 Available Monday through Friday, 8:00 a.m. - 6:00 p.m.,
 except state-observed holidays

Medical Assistance (Medicaid) (888) 283-0012
 Barron County Department of Health and Human Services
 335 E Monroe Ave., 3rd Floor Barron, WI 54812

Medicaid & Supplemental Security Income Recipient Service Hotline State: (800) 362-3002
 Federal: (800) 772-1213
 Answers questions for those receiving Medicaid including coverage billing and prior authorization.
 Also provides referrals to dentist/dental services who accept Medicaid, Medicare,
 Medicare Part D information, and to report Medicare fraud.

Rice Lake Area Free Clinic (715) 736-3733
 Every Tuesday (except holidays) of the month, 5:00 p.m.-9:00 p.m.
 1035 N Main St. (Medical Arts Bldg.), Rice Lake, WI 54868

Medicare, Medicare Part D information, and to report Medicare fraud

Medicare National Information Line (800) 633-4227

Aging & Disability Resource Center (715) 537-6225
 335 E Monroe Ave. Room 100 Barron, WI 54812

Disability Drug Benefit Helpline (under 60) (800) 926-4862

Medicare Part D Helpline (855) 677-2783 (715) 537-6225

Benefit Specialists ADRC (715) 537-6225
 335 E Monroe Ave. Room 100 Barron, WI 54812

Prescription Assistance Resources ADRC (715) 537-6225
 335 E Monroe Ave. Room 100 Barron, WI 54812

SeniorCare (800) 657-2038
 (715) 537-6225
 A prescription program for Wisconsin residents age 65 or older. There are
 three levels of program participation, which is dependent on income.

ABC for Health Inc. (715) 485-8525
 Health benefits counseling for low-income families and rural families.
 100 Polk County Plaza, Suite 180 Balsam Lake, WI 54810

Healthy Living & Falls Prevention

Barron County Public Health Office (715) 537-6580

335 E Monroe Ave., 3rd Floor Barron, WI 54812

Be Well Barron County (715) 537-6120

Local physical activity guides and resources for healthy eating available.

335 E Monroe Ave., 3rd Floor Barron, WI 54812

Memory Screen **ADRC** (715) 537-6225

10-minute basic screening that can help identify possible changes in memory and understanding. Available in our office or your home.

335 E Monroe Ave. Room 100 Barron, WI 54812

Classes & Workshops

Local Senior and Community Centers may offer a variety of physical activity programs.

Balance & Beyond Exercise Classes (715) 236-6239

ADRC Workshops (715) 537-6225

335 E Monroe Ave. Room 100 Barron, WI 54812

Beneficial Bites Workshop

Healthy Living with Diabetes

Learn tips to manage your diabetes and prevent complications if you have diabetes, prediabetes or help care for someone with diabetes

Living Well with Chronic Conditions

Take charge of your chronic condition by learning how to relieve symptoms and set goals to live a healthier life

Powerful Tools for Caregivers

Gain the tools and knowledge to help take care of yourself as a caregiver, whether you care for a spouse, relative or friend

Stepping On Falls Prevention

Build strength through simple exercises and gain confidence in how to prevent future falls

Mayo Clinic Health Systems-Northland (715) 537-3186

1222 E. Woodland Ave. Barron, WI 54812

Safe at Home (715) 532-4222

1000 College Ave West Ladysmith, WI 54848

Silver Sneakers

Provides a free fitness center membership to older adults whose health insurance plan participates. Check with your local health plan and fitness facility.

The Wisconsin Tobacco Quit Line (800) 784-8669

Free information on quitting smoking, one-on-one telephone counseling, and referrals to local programs. Local Senior Centers may offer a variety of physical activity programs.

Barron County Resources, 01/2019

Aging & Disability Resource Center of Barron, Rusk & Washburn Counties (ADRC)

Call 715-537-6225 or visit our website: www.adrcconnections.org

Hearing - Deaf/Hard of Hearing

Center for Independent Living Western Wisconsin (715) 736-1800 (866) 419-1260
 Products to assist with hearing impairment available for loan.
 312 W Knapp St. Suite 1 Rice Lake, WI 54868

Office for the Deaf and Hard of Hearing **Videophone: 715-502-9355**
 Northwestern Region **Fax: 715-836-6761**
 610 Gibson St, Suite 1 Eau Claire, WI 54701

Telecommunication Equipment Purchase Program (TEPP)
 Helps persons who are deaf, hard of hearing, speech impaired, deaf with low vision, or deaf/blind purchase telecommunication equipment. Contact for an application:

Wisconsin Public Service Commission (608) 266-5481 (608) 267-1479
 P.O. Box 7854 Madison WI53707 **TTY (800) 251-8345**

Wisconsin Telecommunications Relay Systems

Allows a text telephone to be used by someone who may be deaf, hard of hearing or speech impaired to call or be called by virtually anyone using a voice telephone. Calls may be placed 24 hours a day, 7 days a week.

Voice	711 or (800) 947-6644
TTY	711 or (800) 947-3529
ASCII	711 or (800) 272-1773
Speech to Speech	711 or (800) 833-7637
Spanish only	711 or (800) 833-7813

Financial Help to Purchase Hearing Aids:

For individuals with limited financial resources.

Audient Alliance for Accessible Hearing Care	(866) 956-5400
Help America Hear Program	(631) 366-3461
Starkey Foundation Hear Now Program	(800) 328-8602
Wisconsin Lions Foundation	(877) 463-6953

Home Care

Licensed Home Health Agencies:

State licensed home health agencies offer in-home skilled nursing, therapy services and personal care. May be covered by Medicare if prescribed by a doctor.

Hearts of Gold, Inc.				(715) 468-2931
38 5th Ave.	Shell Lake, WI	54871		
Indianhead Medical Center Home Health (Shell Lake Hospital)				(715) 468-7833
Serves Washburn, Sawyer, Burnett, Barron and Polk counties.				
P.O. Box 300 113 4th Ave.	Shell Lake, WI	54871		
Interim Healthcare				(715) 834-1313
4257 Southtowne Dr., Ste. 3	Eau Claire, WI	54701		
International Quality Homecare Corporation				(877) 854-1411
(Previously Gemini)				
15614 Windrose Lane, Suite 310A	Hayward, WI	54843		Fax: (715) 699-1556
Lakeview Medical Center Home Care				(715) 236-6256
1700 W Stout St.	Rice Lake, WI	54868		
Mayo Clinic Health System Home Health & Hospice				
1222 E Woodland	Barron, WI	54812		(715) 537-3186
2049 15 th Ave.	Cameron, WI	54822		(715) 458-4380

Hospice

State licensed home health care and support services for the terminally ill and their families.

Heartland Hospice				715-214-2485
3410 Oakwood Mall Drive, Suite 400	Eau Claire, WI	54701		fax (715)-552-1182
Lakeview Medical Center Hospice Care				(715) 236-6256
State licensed home health care and support services for the terminally ill and their families.				
1700 W Stout St.	Rice Lake, WI	54868		
Mayo Clinic Health System Home Health & Hospice				(715) 537-3186
1222 E Woodland	Barron, WI	54812		
St. Croix Hospice				(855) 278-2764
7200 Hudson Blvd. Suite 230	Oakdale, MN	55128		

In-home help

Rates range from \$10-\$30 per hour. Non-medical services such as bathing, homemaking, chores, transportation, meal preparation, respite care, companionship, errands. Not covered by Medicare. *Service providers with “*” can bill Medicaid, and are licensed.

***Advanced Living Care** (715) 505-2812

903 Bongey Drive Menomonie, WI 54751

***Center for Independent Living** Voice/TTY: (715) 736-1800

312 W. Knapp Street Rice Lake, WI 54868 Voice/TTY: (866) 419-1260

(715) 736-0265 Fax

Chores & Care File ADRC (715) 537-6225

List of local resources to hire for in-home help.

335 E Monroe Ave. Room 100 Barron, WI 54812

Comfort Keepers (866) 552-6730

Eau Claire & Hudson locations.

Dash of Polish Nail Salon (715) 931-0816

103 N Main St. Rice Lake, WI 54868

Fancy Feet Foot Care (715) 418-1998

Toe nail clipping at your home or local Senior Centers.

Help At Home, LLC (715) 645-2598

110 S Lake Dr. Shell Lake, WI 54871

Home Sweet Home MCM LLC (715) 296-5586

2823 20th St Rice Lake, WI 54868

Housekeeping & Chore Service Contact ADRC (715) 537-6225

ADRC referral to Barron County Developmental Services Inc.

Interim Healthcare (715) 834-1313

4257 Southtowne Dr., Ste. 3 Eau Claire, WI 54701

***International Quality Homecare Corporation** (Previously Gemini) (877) 854-1411

15614 Windrose Lane, Suite 310A Hayward, WI 54843 Fax: (715) 699-1556

Lutheran Social Services (715) 210-7299

35 W Messenger St Rice Lake, WI 54868

Peaceful Living (715) 386-7071

1200 Hosford St. Suite 107 Hudson, WI 54016

***Sunshine Personal Care Agency** (715) 514 5566

1101 W. Clairemont Ave Suite 2A Eau Claire, WI 54701

Visiting Angels (715) 598-1750

2411 N Hillcrest Pkwy #2 Altoona, WI 54720

Housing - Assistance/Ownership

Help with down payment, taxes, purchase, and information.

Barron County Habitat for Humanity (715) 458-1400

Help with down-payment for first-time home buyers with disabilities.

309 N 1st St. Cameron, WI 54822

Movin Out, Inc. (877) 861-6746 ext. 7

902 Royster Oaks Drive, Suite 105 Madison, WI 53714

Property Tax Deferral Loan Program (800) 755-7835

Applications may be obtained by contacting: Must be 65+ TTY: (800) 943-9430

WHEDA, P.O. Box 1728 Madison, WI 53701

Senior Tax Exchange Program

Local property tax credit in exchange for volunteering in area school districts with students. Contact your local district for information.

Barron School District (715) 537-5612

Rice Lake School District (715) 234-9007

USDA Rural Development (715) 635-8228

800 N Front St. Room 102 Spooner, WI 54801

West CAP (800) 606-9227

PO Box 308 - 525 2nd Street Glenwood City, WI 54013

Housing - Renting

Independent Senior Apartments

Brentwood Senior Communities			(715) 736-7400
633 Cameron Rd.	Rice Lake, WI	54868	
Lakewood Regency Apartments			(715) 822-2741
1110 7th Ave.	Cumberland, WI	54829	
Woodstone Senior Living Community			(715) 736-6060
950 Bear Paw Ave.	Rice Lake, WI	54868	

Housing-Subsidized Apartments

Federally subsidized apartments for seniors, age 62+ and/or adults with disabilities who are capable of living independently.

Barron County Housing Authority			(715) 537-5344
611 Woodland Ave.	Barron, WI	54812	
Almena: Portland Manor			
Barron: Berger-Woodland Manor, Parklawn Apartments			
Dallas: Parkview Manor			
Haugen: Norvin-Chateau			
Prairie Farm: Riverview Manor			
Turtle Lake: Lakeland Manor			
Catholic Charities Bureau Housing Management			(715) 925-2015
707 Tainter St.	Chetek, WI	54728	
Evergreen Apartments			
Chetek Housing Authority			(715) 924-3300
801 W Stout St.	Chetek, WI	54728	
Lone Oak Apartments			
Cumberland Housing Authority			(715) 822-2005
1295 6th Ave.	Cumberland, WI	54829	
Island City Apartments, Island City Duplexes, Lakeview Apartments			
Housing Authority City of Barron			(715) 537-5533
123 E Franklin Ave.	Barron, WI	54812	
Parklawn Apartments			
Impact Seven			(715) 357-3334
147 Lake Almena Dr.	Almena, WI	54805	
Almena: Almena Duplex II, Home Store Apartments, Joseph Vinopal Villa,			
Barron: Maple Park Apartments			
Chetek: Center Park Apartments, BARC Lane, serves developmentally disabled			
Rice Lake: Pine Park Apartments			
Landmark Company			(715) 834-3411 (800) 924-3256
Locations throughout Barron County.			TTY: (715) 834-4010
Prairie Farm Pioneer Housing, Inc.			(715) 418-3195
Pioneer Housing			
Scott Terrace serves developmentally disabled			
Rice Lake Housing Authority			(715) 234-3721
132 W Marshall St.	Rice Lake, WI	54868	
Marshall Towers, Red Cedar Village, Riverside Arms, Water's Edge			

West CAP (West Central Wisconsin Community Action Agency, Inc.) (800) 606-9227
525 Second Street, PO Box 308 Glenwood City, WI 54013

Turtle Lake Non-profit Housing (715) 986-2504
1658 ¼ St. Turtle Lake, WI 54889
Lakeland Manor

Sunrise Meadow II (800) 606-9227 x 336
Barron

Woodland Village Apartments (715) 234-1590
Rice Lake

Subsidized Rent Vouchers

Barron County Housing Authority (715) 537-5344

Rice Lake Housing Authority (715) 234-3721

Wisconsin Landlord/Tenant Hotline (800) 422-7128
Help resolving issues and complaints.

Housing – Repairs/ Modifications/Weatherization

Center for Independent Living	(715) 736-1800
Options for home accessibility. Home organization, moving assistance, and relocation help.	
312 W Knapp St. Suite 1	Rice Lake, WI 54868
Habitat for Humanity	(715) 736-0088
2500 South Main St B Rice Lake, WI 54868	
Critical home repairs to qualified individuals.	
Home Repair Program	(715) 726-7933
Assists low and moderate-income households with repairs to their homes.	
Chippewa County Housing Authority	
711 N. Bridge St., Room #14	Chippewa Falls, WI 54729
Safe at Home	(715) 532-4222
1000 College Ave West Ladysmith, WI 54848	
Tomorrow’s Home Foundation	(608) 255-3131
Manufactured/mobile homes.	
258 Corporate Dr. Suite 200C	Madison, WI 53714
USDA Rural Development	(715) 635-8228
Provides low-interest loans for all income-eligible persons and grants for persons age 62 and older for home weatherization and modifications.	
800 N Front St. Room 102	Spooner, WI 54801
WisLoan	(715) 736-1800
Low-interest loans available to people with disabilities for adaptive equipment such as ramps and grab bars.	
WI Fund	(715) 537-6375
Private Sewage System Replacement or Rehabilitation Grant Program.	
Barron County Zoning Office	
335 E Monroe Ave.	Barron, WI 54812

Legal

Legal Assistance

Disability Rights Wisconsin (715) 736-1232
217 W Knapp St. Rice Lake, WI 54868 (800) 928-8778
TTY (888) 758-6049

Indianhead Community Action Agency (715) 532-4222
Legal Assistance for Victims in partnership with Community Referral Agency.

Wisconsin Corporate Guardianship Directory
Corporate Guardians have to be approved by the Division of Quality Assurance. The list is available at:
<https://www.dhs.wisconsin.gov/regulations/guardianship/corp-guard-name.pdf>

Wisconsin Guardianship Support Center (855) 409-9410
Greater Wisconsin Area Agency on Aging. Information about advance directives and guardianship-related issues. Does not provide legal representation.

Wisconsin Judicare, Inc. (800) 472-1638
Legal services program for low-income persons.
P.O. Box 6100 Wausau, WI 54402

Wisconsin State Bar Lawyer Referral & Information Services (800) 362-9082
Does not provide referrals for pro-bono or reduced rates.

Wisconsin Pooled & Community Trusts, Inc. (WisPACT) (608) 268-6006
Special needs trusts for people with disabilities.
131 W Wilson St. Suite 300 Madison, WI 53703

American Bar Association Wisconsin Free Legal Answers
<https://wi.freelegalanswers.org>
Legal information for qualified persons.

Medical Equipment

Also see Assistive Technology.

Wheelchairs, hospital beds, grab bars, medical supplies, etc. Local pharmacies may have additional medical supplies/equipment.

Loan Options

Foxy Locks Wig Bank				(715) 434-6003
Wigs available for checkout using Rice Lake Public Library Card.				(715) 931-0637
Rice Lake Public Library/Pink Ribbon Advocacy				
2 E Marshall St	Rice Lake, WI	54868		
Loan Closet	ADRC			(715) 537-6225
Used medical equipment such as wheelchairs, walkers, bath chairs & benches, etc.				
335 E Monroe Ave. Room 100	Barron, WI	54812		
Center for Independent Living Western Wisconsin				(715) 736-1800
Equipment and technology to promote independence available for loan.				
312 W Knapp St. Suite 1	Rice Lake, WI	54868		

Purchase Options

Apria Healthcare Inc.				(715) 234-6961
2021 Kern Ave.	Rice Lake, WI	54868		
Center for Independent Living Western Wisconsin				(715) 736-1800
Used equipment available for sale.				
312 W Knapp St. Suite 1	Rice Lake, WI	54868		
Home Health Resources				(715) 268-9264
131 Keller Ave. N	Amery, WI	54001		
Home Medical Products & Services			(715) 234-5000	(800) 528-9969
1590 McCauley Ave.	Rice Lake, WI	54868		
Independence First Mobility Store				(608) 243-1785
Low-cost & refurbished mobility and medical equipment.				
2554 Advance Rd.	Madison, WI			

Medication Management

Check with your local pharmacy for their specific options.

Safe Living Technologies-North	(715) 234-2349
9-11 E Eau Claire St. Rice Lake, WI 54868	
Mailing address:	
331 S Main St., Ste E 217 Rice Lake, WI 54868	
Center for Independent Living Western Wisconsin	(715) 736-1800
Medication dispensers and reminders available for loan.	
312 W Knapp St. Suite 1 Rice Lake, WI 54868	
Comfort Keepers	(866) 552-6730
Medication dispenser & reminder service.	
Medications Plus Pharmacy	(715) 234-9021
Weekly medication set up \$3/week fee.	
8 E Koepp St. Rice Lake, WI 54868	
Ohde Pharmacy Medi-set Service	(715) 924-3592
Weekly medication set up \$15/mo. fee. Delivery to homebound in Chetek.	
628 2nd St. Chetek, WI 54728	
Prescription Drug Plan Selection Assistance ADRC	(715) 537-6225
335 E Monroe Ave. Room 100 Barron, WI 54812	

Disposal Options

Medication Return Drop Box (24/7 disposal)

Cumberland City Police 950 1st Avenue, Cumberland, WI 54829
 Justice Center 1420 State Hwy 25 N Barron, WI 54812
 Public Safety Building (Lobby), 34 South Wilson Ave, Rice Lake 54868
 Turtle Lake Police Department, 114 Martin Ave, Turtle Lake, WI 54889

Sharps Disposal

(715) 537-6580

Barron County Public Health Office accepts full sharps containers free of charge.
 335 E Monroe Ave., 3rd Floor Barron, WI 54812

Nursing Homes/Skilled Nursing Facilities

See also Dementia Care Facilities.

Aging & Disability Resource Center			(715) 537-6225
For assistance with information about paying for nursing home care, information on area nursing homes, or other options to nursing home placement.			
335 E Monroe Ave. Room 100	Barron, WI	54812	
Care & Rehab Center – Barron			(715) 537-5643
660 E Birch Ave.	Barron, WI	54812	
Care & Rehab – Cumberland			(715) 822-6113
1110 7th Ave.	Cumberland, WI	54829	
Heritage Lakeside			(715) 234-9101
1016 Lakeshore Dr.	Rice Lake, WI	54868	
*Atrium Post-Acute Care of Chetek			(715) 924-4891
(Formerly Knapp Haven Nursing Home)			
725 Knapp St.	Chetek, WI	54728	
Dove Healthcare – Nursing Home			(715) 234-2604
910 Bear Paw Ave.	Rice Lake, WI	54868	
Pioneer Nursing Home			(715) 455-1178
530 River Ave.	Prairie Farm, WI	54762	
*Wisconsin Veterans Home			(715) 720-6775
2175 E Park Ave.	Chippewa Falls, WI	54729	

* Have dementia units

Mental Health & Substance Abuse

Check your local phone book for counseling services.

Local Crisis Phone Number	(888) 552-6642
Alcoholics Anonymous Support groups around Barron County.	(715) 931-8262
Amery Behavioral Health Center Specializes in mental health and dementia behaviors for older adults, inpatient/outpatient. 230 Deronda St. Amery, WI 54001	(715) 268-0069
Barron County Behavioral Health Services 35 E Monroe Ave., 3rd Floor Barron, WI 54812 Provides help with a range of mental health issues and maintains a listing of local mental health providers. Check the current list on the Barron County web site.	(715) 537-5691
Grassroots Wellness Free, peer-run respite for Wisconsin residents with mental health or substance abuse challenges. 820 N Broadway St Menomonie, WI	(800) 770-0588 ext 1 (715)-619-0588
NAMI (National Alliance for the Mentally Ill) 119 W Humbird St. Rice Lake, WI 54868	(715) 736-0089
Narcotics Anonymous Support groups around Barron County.	(866) 668-3580
New Directions 2000 Drop-in center. 133 N Main St. Rice Lake, WI 54868	(715) 234-3637
THRIVE: Barron County Mental Health Team Up-to-date list of Mental Health providers	(715) 537-6101
Western Region Recovery and Wellness Consortium Barron County Health and Human Services 335 E. Monroe Ave. Barron, WI 54812	(715) 537-5691
Wisconsin Council on Problem Gambling 1423 Kellogg St. Green Bay, WI 54303	(800) 426-2535
Women’s Way Program–Lutheran Social Services Provides free case management to women with addictions. 335 E Monroe Ave. Barron, WI 54812	(715) 537-6368

Personal Emergency Response Systems

A Personal Emergency Response System (or PERS) is a service generally provided by a private company that helps to monitor its subscribers for falls, medical problems or other emergencies by use of a three-part system including a:

- 1) pendant, charm, necklace, belt or watch;
- 2) base station;
- 3) call center/monitoring station.

Medicare and most insurance companies typically don't pay for the equipment. New options include a Mobile Personal Emergency Response System (MPERS), which allows the subscriber to be away from the base station by using cellular technology. Many companies also offer automatic fall detection for those who don't know to press their help button or who have lost consciousness. Costs range from \$25-\$50/month.

Safe Living Technologies-North			(715) 234-2349
9-11 E Eau Claire St.	Rice Lake, WI	54868	
(Professional Building-Prime America)			
Mailing address:			
331 S Main St., Ste E 217	Rice Lake, WI	54868	
Barron County Medical Alert			(715) 868-8326
(Team Northwoods Communications)			
CareNet			(715) 458-5400
(Mosaic Telecom)			
Chippewa Valley Electric – Med-A-Lert			(800) 300-6800
P.O. Box 575	Cornell, WI	54732	
Citizens Connected			(715) 237-2605
P.O. Box 127	New Auburn, WI	54757	
Comfort Keepers			(866) 552-6730
Eau Claire & Hudson Locations			
Cumberland Memorial Hospital-Lifeline			(715) 822-2741
1110 Seventh Ave.	Cumberland, WI	54829	
Lakeview Medical Center-Lifeline			(715) 236-6209
1700 W Stout St.	Rice Lake, WI	54868	
Project Lifesaver – Barron County			(715) 637-6870
Through Sheriff's Department to safeguard and locate individuals who may wander.			

Representative Payee Services

A representative payee is a person or agency who provides financial budgeting and bill paying for those who have a difficult time with these tasks on their own. A representative payee will manage your money and pay your bills and budget an allowance for you. If a person needs a representative payee for funds received from the Social Security Administration, they should contact their local field office.

Beneficial Rep Payee Services, Inc.			(715) 831-9349
P.O. Box 3153	Eau Claire, WI	54702	
House Calls of Menomonie, Inc.			(888) 232-6475
P.O. Box 361	Menomonie, WI	54751	
Payee Services, Inc.			(715) 233-0203
P.O. Box 26	Menomonie, WI	54751	
Seboe Services, Inc.			(715) 434-1042
P.O. Box 651	Rice Lake, WI	54868	fax (715) 434-1043

Senior Centers/Senior Dining

Provide recreation activities for older adults, cards, crafts, dancing, trips, movies, exercise, delicious meals, etc.

Almena Township Hall*				(715) 357-6016
Meals served Tues & Thurs.	211 West Soo Ave.	Almena, WI	54805	
Barron Senior Center				(715) 537-5726
Meals served Monday – Friday.	12 N 3rd St.	Barron, WI	54812	
Cameron Senior Center				(715) 458-2765
Meals served Monday-Friday.	512 Main St.	Cameron, WI	54822	
Chetek Community Center				(715) 925-2600
Meals served Monday – Friday.	711 1st St.	Chetek, WI	54728	
Cumberland Senior Center				(715) 822-8794
Meals served Monday – Friday.	1255 Webb St.	Cumberland, WI	54829	
Dallas Lutheran Church*				(715) 837-1186
Meals served Thursday.	101 E Dallas St.	Dallas, WI	54733	
Haugen Village Hall				(715) 234-4630
Meals served Tuesday & Friday.	104 3rd St.	Haugen, WI	54841	
Rice Lake Senior Center				(715) 234-7224
Meals served Monday – Friday.	12 W Humbird St.	Rice Lake, WI	54868	
Turtle Lake Becker St. Apartments*				(715) 986-2034
Meals served Mon, Wed, Fri.	301 Becker St.	Turtle Lake, WI	54889	

*Meal site only.

Social Security

Social Security Administration

The Social Security program's benefits include retirement income, disability income, Medicare and Medicaid, and death and survivorship benefits.

1703 W Knapp St. Rice Lake, WI 54868

State: (888) 823-3923
National: (800) 772-1213

Support Groups

Alcoholics Anonymous	(715) 931-8262
Support groups around Barron County.	
ALS Support Group, Northwestern WI	(715) 271-7257
Second Thursday of each month, 1:00 pm to 3:00 pm Chippewa Valley Bible Church 531 E. South Ave. Chippewa Falls, WI	
Alzheimer's Caregiver Support Groups	
Bethany Lutheran, Rice Lake 2nd Tuesday of each month	(715) 537-6225
Pioneer Nursing Home, Prairie Farm 2nd Thurs. of each month	(715) 455-1178
Rice Lake Senior Center, 12 W Humbird St, Rice Lake	(715) 736-0347
1st Monday of each month, evening, RSVP preferred, walk-ins welcome	
Aphasia Communications Group	(715) 234-3838
Lakeview Medical Center Rice Lake	
Breast Cancer Support Group	(715) 537-1400
Pink Ribbon Advocacy, Inc. Rice Lake, WI 54868	
Diabetes Information Group	(715) 236-8251
Lakeview Medical Center Rice Lake, WI 54868	
Early Stage Memory Loss Support Group	(715) 537-6225
Aging and Disability Resource Center. Pre-registration required	
Healing Hearts	(715) 924-4660
A Community Support Group for Caregivers, Chetek United Methodist Church	
Rice Lake Area Grief Support Group	(715) 236-6256
Lakeview Medical Center Rice Lake, WI 54868	
Low Vision Support Group ADRC	(715) 537-6225
Transportation available Barron, WI 54812	
National Alliance for the Mentally Ill (NAMI)	(715) 736-0089
Rice Lake, WI 54868	
Northern Lights Narcotics Anonymous	(866) 668-3580
Support groups around Barron County.	
Northwoods Area Stroke Support Group	(715) 236-6314
Lakeview Medical Center Homecare and Hospice Rice Lake, WI 54868	
Ostomy Support Group	(715) 637-5020
Rice Lake, WI 54868	
Parkinson's Support Group	(715) 255-0357
Shell Lake, WI	
Traumatic Brain Injury Support Group	(715) 234-0079
Lakeview Medical Center Rice Lake 54868	
Women's Issues Support Group (Domestic Violence)	(715) 537-6334
Barron County Department of Health & Human Services	

Transportation Services-Medical

Emergency Medical -Call 911

Non-Emergency Medical

*For individuals **not** on Medical Assistance. For those on Medical Assistance, see below.*

Add LIFE Transit* (715) 537-6333

Please call-individual options vary.

American Cancer Society’s Road-To-Recovery (800) 227-2345

Available based on volunteer availability. Transportation to cancer treatment. No cost to patient.

Arrow Taxi (715) 418-4388

1643 15th Street Barron, WI 54812

Handi-Lift* (715) 822-5077

1779 10th St. Cumberland, WI 54829

Namekagon Transit* (866) 295-9599

County-wide public transportation. Door-to-door service, reservations required. Reduced cost for seniors and people with disabilities.

Rice Lake City Cab* (715) 234-6305

30 E Eau Claire St. Rice Lake, WI 54868

Veterans Service Office* (715) 537-6290

To VA Hospital/Clinic
335 E Monroe Ave. Room 100 Barron, WI 54812

For individuals on Medical Assistance

Medical Transportation Management* (866) 907-1493

*Ramp or lift-equipped available

Transportation Services-Non-medical, Local

AddLIFE Transit* (715) 537-6333
 Errands, shopping, senior dining, etc. Reservations required. Monday-Friday only.

Arrow Taxi (715) 418-4388
 1643 15th Street Barron, WI 54812

Namekagon Transit* (715) 634-6633 (866) 295-9599
 County-wide public transportation. Door-to-door service, reservations required.
 Reduced cost for seniors and people with disabilities.

New Freedom Transportation Program (800) 228-3287
 Center for Independent Living, Inc. for Western WI, Inc. *To qualify a person must have a temporary or permanent disability, or be frail elderly and have a transportation barrier.
 2920 Schneider Ave SE Menomonie, WI 54751

Rice Lake City Cab* (715) 234-6305
 30 E Eau Claire St. Rice Lake, WI 54868

Wisconsin Mobility Management (866) 295-9599
 Free, personal assistance in finding transportation resources that meet your needs.

Other Transportation Related Resources:

A&J Mobility (715) 874-6630
 Automobile and van adaptations. 2650 Prospect Drive. Eau Claire, WI 54703

Center for Independent Living Western Wisconsin (800) 228-3287
 Transportation voucher program (volunteer drivers).

Chippewa Valley Shuttle Service (877) 811-4211
 To Mpls/St Paul Airport only. Call for current pick-up locations.

Disabled Parking Permit Special Plates Unit (608) 266-3041
 Temporary & permanent available through Wisconsin Motor Vehicle Dept.
 P.O. Box 7306 Madison, WI

Driver Safety Assessment Program (715) 236-6408
 Lakeview Medical Center

Jefferson Bus Lines (800) 451-5333
 Eau Claire to Duluth, with stops in between, including Rice Lake.

Jump Start Program (800) 606-9227
 Vehicle purchase assistance for low-income persons through West CAP.
 P.O. Box 308 Glenwood City, WI

NWT Express (877) 698-3977
 To Twin Cities for any reason. 15954 River's Edge Dr. Hayward, WI 54843
 *Ramp or lift-equipped available

Barron County Resources, 01/2019
 Aging & Disability Resource Center of Barron, Rusk & Washburn Counties (ADRC)
 Call 715-537-6225 or visit our website: www.adrcconnections.org

Veterans Services

Veterans Service Office		(715) 537-6290
335 E Monroe Ave., Room 100 Barron, WI 54812		
Minneapolis VA Medical Center	(612) 725-2000	(715) 537-6290
Transportation available, call Veterans Service Office.		
Rice Lake VA Medical Clinic		(715) 236-3355
2700A College Dr. Rice Lake, WI 54868		
Veterans Housing and Recovery Program		(715) 726-2541
Homeless shelter for Veterans. 2820 E Park Dr., Bldg. 128 Chippewa Falls, WI 54729		
Barron County Job Center		(715) 234-6826
Office hours vary. Call for an appointment. Located at the Barron County Job Center.		
Veterans Restorative Justice Programs	(715) 736-0940, press 3	
Veterans working with veterans readjusting to life after military service.		
Wisconsin Veterans Home		(715) 720-6775
2175 E Park Ave. Chippewa Falls, WI 54729		
La Crosse Veteran's Center		(608) 782-4403
Free mental health services for veterans, satellite office in Barron. 20 Copeland Ave La Crosse, WI 54603		
Supportive Services for Veteran Families (SSVF)		(608) 372- 8387
Provides monetary assistance for veterans in need.		
Heat for Heroes		(800) 891-9276
Heating assistance for veterans.		

Vision – Blind/Low Vision

Aging & Disability Resource Center	(715) 537-6225
Large-print calendars.	
335 E Monroe Ave. Room 100	Barron, WI 54812
Center for Independent Living Western Wisconsin	TTY (866) 419-1260
Products to assist with vision impairment available for loan.	
312 W Knapp St. Suite 1	Rice Lake, WI 54868
EyeCare America	(877) 887-6327
Free eye exams to those who qualify.	
Hadley School for the Blind	(800) 323-4238
Distance learning courses.	
700 Elm St.	Winnetka, IL 60093
Healthy Eyes Eyeglass Program (414) 765-0505	
Financial assistance to purchase prescription glasses to those who qualify.	
Prevent Blindness of Wisconsin	
759 N Milwaukee St. Suite 305	Milwaukee, WI 53202
Low Vision Support Group	ADRC (715) 537-6225
Transportation available.	
335 E Monroe Ave.	Barron, WI 54812
Office for the Blind and Visually Impaired	(715) 836-6772
Free directory assistance exemption service & free home assessments from rehabilitation specialist.	
610 Gibson St. Suite 1	Eau Claire, WI 54701
Wisconsin Council of the Blind & Visually Impaired	(608) 255-1166
Services and resources for people who are blind or visually impaired.	
Free white canes	
Sharper Vision Store	(608) 237-8100
754 Williamson St.	Madison, WI 53703
Wisconsin Talking Book & Braille Library	(800) 242-8822
813 W Wells St.	Milwaukee, WI 53233

Websites

Internet access is available at no cost at the local libraries. Classes on navigating the Internet are available at some libraries, senior centers, and Wisconsin Indianhead Technical College.

Aging & Disabilities

Administration on Community Living	https://eldercare.acl.gov
Wisconsin Aging Programs	www.dhs.wisconsin.gov/aging
Wisconsin Aging & Disability Resource Centers	www.dhs.wisconsin.gov/adrc/index.htm
Wisconsin Disability Services	www.dhs.wisconsin.gov/disabilities

Alzheimer's Resources

Alzheimer's Association	www.alz.org
Alzheimer's Disease Education and Referral	www.nia.nih.gov/alzheimers
WI Adult Day Services Association	www.wadsa.org
Benefits Medicare	www.medicare.gov
Social Security Administration	www.ssa.gov
Wisconsin ACCESS	www.access.wi.gov

Blind/Low Vision

Office for the Blind and Visually Impaired	www.dhs.wisconsin.gov/blind
Lighthouse International	www.lighthouse.org
Wisconsin Council of the Blind	www.wcblind.org

Caregiver Resources

National Alliance for Caregiving	www.caregiving.org
National Center on Caregiving	www.caregiver.org
Caregiver Action Network	www.caregiveraction.org
Caregiver Stress	www.caregiverstress.com
Wisconsin Family Caregiver Support Program	www.wisconsincaregiver.org

Deaf & Hard of Hearing

Office for Deaf and Hard of Hearing	www.dhs.wisconsin.gov/odhh/odhhservices.htm
Wisconsin Association of the Deaf	www.wisdeaf.org

Employment

Department of Workforce Development	www.dwd.state.wi.us
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Government

Wisconsin Official State Government Site	www.wisconsin.gov
Wisconsin Division of Quality Assurance	www.dhs.wisconsin.gov/dqa/sections.htm
Legislative Hotline	www.legis.state.wi.us
Wisconsin Insurance Commissioner	www.oci.wi.gov
Senior Guide for Consumer Protection	datcp.wi.gov/uploads/Consumer/pdf/SeniorGuide170.pdf

Barron County Resources, 01/2019

Aging & Disability Resource Center of Barron, Rusk & Washburn Counties **(ADRC)**

Call 715-537-6225 or visit our website: www.adrcconnections.org

Housing

Housing and Urban Development
Resource Locator resources.hud.gov

Health Information

NIH Senior Health www.nihseniorhealth.gov
Webmd www.webmd.com

Organizations

AARP www.aarp.org
Coalition of Wisconsin Aging Groups www.cwag.org
Disability Rights Wisconsin www.disabilityrightswi.org
Long Term Care Ombudsman www.dhs.wisconsin.gov/aging/ltcombud.htm
Greater Wisconsin Area Agency on Aging Resources www.gwaar.org

Youth Transition

Adults Helping Our Youth (AHOY) (715) 458-5005

Aging & Disability Resource Center (715) 537-6225

Information about resources available when youth with disabilities reach adulthood.
335 E Monroe Ave. Room 100 Barron, WI 54812

United Cerebral Palsy West Central Wisconsin, Inc. (888) 845-5775

206 Water St. Eau Claire, WI 54703 **(715) 832-1782**

Ventures Unlimited, Inc.

Mentoring program for youth with disabilities age 16 and older through
Ventures Unlimited, Inc.
700 N. 1st St Cameron, WI 54822

Western Regional Center for Children and (715) 726-7907

Youth with Special Health Care Needs (CYSHCN) (800) 400-3678

Room 121, 711 N Bridge St. Chippewa Falls, WI 54729 **Fax: (715) 726-7910**

Toll Free: (800) 400-3678

TTY - 7-1-1

Learn More About Our Services

Caregiver Services

You are a caregiver if you are a spouse, adult child, other relative or friend who helps care for, or is concerned about an older adult or a person with a disability. Caregiving is a two-sided coin. Amidst the joy of helping someone else, there may also be feelings of stress, frustrations, guilt, and a concern about how you are going to handle future caregiving needs.

The ADRC of Barron, Rusk & Washburn Counties offers professional, unbiased information about supportive services and options that can assist you – the caregiver- and the person you are caring for.

Here are some of the services we offer:

- **Support Groups** - These groups provide a great opportunity for caregivers and family members to share and learn from others experiencing similar frustrations and concerns. Occasionally, speakers are brought in to provide valuable information and resources.
- **Powerful Tools for Caregiver Classes** - This six week course is designed specifically for the caregiver to teach important tools to help reduce stress, improve communications, master emotions and communicate in challenging situations.
- **Adult Day Care** - A day time social program for those with memory loss and confusion that provides safety, stimulation, and engagement with others. Please see brochure for full details.
- **National Family Caregiver and Alzheimer Family & Caregiver Support Programs** - Limited financial assistance is available annually to individuals providing care to others. Call us for more information about this program and status of the funds.
- **Information and Assistance** - We offer office, in-home and phone consultation about community resources and options available to you. These include respite care, financial resources and care options as well as information about ways to reduce stress and take care of you.
- **Caregiver Outreach Presentations** - Community presentations can be scheduled on issues related to caregiving to help raise awareness and educate the public about available resources.
- **Resource Library** - A variety of books, brochures and DVDs are available for check out. Topics range from caregiver wellness to specific health conditions related information

Choosing the Right Assisted Living Facility

Assisted Living facilities offer housing alternatives for older adults or adults with disabilities who may need help with dressing, bathing, eating, and toileting, but do not require the intensive medical and nursing care provided in a nursing home.

How to Choose a Facility

Begin by thinking about what is important to you or your loved one:

- Do you prefer to live with a lot of people or a few people?
- Do you want a private bathroom?
- Do you have Alzheimer's or dementia?

Narrow down your search:

- Do you want a facility in a particular town, close to friends and family?
- Can the facility provide the level of services that you need?

Schedule a tour of facilities that you are interested in:

- Visit each facility more than once, sometime unannounced.
- Visit at meal times, sample the food, and observe the quality of mealtime services.
- Observe interactions among residents and staff.
- Check to see if the facility offers social, recreational, spiritual activities.
- Talk to residents.
- Learn what staffing level they are and what training staff receive.
- Is there a waiting list?

Find out if the facility you are considering has received any citations:

- Contact the Division of Quality Assurance at 800-642-6552.
- Ask the facility if they have received any citations.

Disability Benefit Specialist Program

What is a Disability Benefit Specialist?

A Disability Benefit Specialist (DBS) works with individuals who are between the ages of 18 and 59 and have physical disabilities, developmental disabilities, and/or mental illness and counsels them about public or private benefits. DBS staff are trained by attorneys from Disability Rights of Wisconsin.

Who should seek help from a Disability Benefit Specialist?

- Persons who want to know more about private or public benefits.
- Persons who need help with or information about applying for benefits.
- Persons who have been denied a benefit which they think they are entitled to.

What can a Disability Benefit Specialist help you with?

- Social Security Disability Income (SSDI)
- Supplemental Security Income (SSI)
- Information about private health and disability insurance
- Medical Assistance
- Medicare A, B, C, and D
- Medicare Supplement Insurance
- Patient Assistance Drug Programs
- Other benefit needs and issues

Do Not Resuscitate Order, and Bracelet

Wisconsin passed a statute in 1996 as part of WI Act 2000 regarding “Do Not Resuscitate” (DNR) orders. A DNR order is signed by a physician to direct emergency medical service providers not to attempt cardiopulmonary resuscitation (CPR) on a patient. It is standard emergency medical practice to perform CPR on all persons found to be in cardiac or respiratory arrest.

A DNR order may be issued in certain circumstances if a patient with a qualifying medical condition requests that CPR not be done. This decision is made by the patient and their physician after discussing future treatment options. A special DNR bracelet informs first responders, EMT’s, paramedics, and emergency room personnel not to attempt CPR when a patient is wearing an approved bracelet. These statutes only apply to the emergency personnel noted above, who are primarily pre-hospital and emergency department health care providers; they do not control DNR orders for inpatient hospital or other inpatient settings.

Your attending physician is the only person who may issue a DNR order for you. The order is signed only if a qualified patient requests and signs the DNR order. A person who has a DNR order is then identified by a special DNR bracelet. The bracelet is placed on the person’s wrist by the physician or someone designated to do so. Family members cannot be given bracelets to put on the person.

DNR bracelets must be honored unless the patient revokes the order, or the bracelet appears to be damaged or tampered with. If a bracelet falls off, is damaged, or is not readable, it can be replaced as long as a signed order is in your medical record.

Elder Benefit Specialist Program

What is an Elder Benefit Specialist?

Elder Benefit Specialists provide information, assistance, and advocacy to Wisconsin residents age 60 or older on a broad range of benefit programs. They provide information and support in areas such as program eligibility criteria, applying for benefits, appealing benefit denials or incorrect benefit amounts, consumer debt, landlord/tenant law, and private insurance. Elder Benefit Specialists receive on-going training, support and supervision from attorneys at the Greater Wisconsin Area on Aging Resources.

Who should seek help from an Elder Benefit Specialist?

- People 60 or over who want to know more about private and public benefits.
- People 60 or over who need help in applying for benefits.
- People 60 or over who have been denied a benefit that they think they are entitled to receive.

How can an Elder Benefit Specialist help?

- They can provide you with accurate and current information on your benefits.
- They can provide advocacy on your behalf with other parties.
- They can provide you with explanations and possible solutions to issues related to your benefits.

What can an Elder Benefit Specialist help you with?

- Medicare A, B, C, and D
- Medicare Advantage Plans & Medicare Supplement Programs
- Medicare Savings Programs
- Senior Care & Medicare Prescription Drug Plans
- Social Security & Supplemental Security Income (SSI)
- Medical Assistance/Medicaid
- Spousal Impoverishment Protections
- Food Share
- Veterans Benefits
- Long Term Care Insurance
- Housing Problems
- Age Discrimination
- Consumer Problems

Elderly Nutrition Programs

The purpose of the Elderly Nutrition Program is to reduce hunger and food insecurity, to promote socialization of older adults, and to promote the health and well-being of older individuals. Everyone age 60 and older is welcome to participate. Good nutrition helps you think better, fight illness, and have more energy. Getting started on the path to good nutrition is easier than you think.

Here are some of the services we offer:

- Senior Dining - Dining with others can improve your appetite. Scratch cooking, coffee and great company are a few more reasons to give it a try. See the Senior Centers/Senior Dining section for detailed information.
- Meals on Wheels - If you are stuck at home and having a hard time cooking, Meals on Wheels will provide that same delicious meal, delivered with a smile. Maybe you need them during recovery and maybe you need them long-term, these meals are the “little bit of help” you need to stay independent.
- Liquid Nutritional Supplements - Sometimes a little extra is needed to build your strength. Supplements are available at reduced cost with a prescription from a doctor or dietician.
- Beneficial Bites - Need some “easy-to-digest” nutrition information? More importantly, need some reliable information? Your ADRC nutrition staff can help. Nutrition education sessions are regularly offered throughout the county so look for them.
- Commodity Supplemental Food Program - Serves people 60+ in Barron County, who meet income guidelines. Boxes of food containing cereal, juice, milk, canned fruits & vegetables, meat, pasta/rice, and cheese are distribute monthly.

Healthy Living Programs

- **Beneficial Bites**

Free educational sessions about different foods provided at several community/senior centers in Barron County. These sessions provide information about the health benefits of the featured food, along with important details about selection, storage and preparation of the food. Food samples and recipes are also part of every session.

- **Healthy Living with Diabetes**

Increase confidence and develop techniques to deal with the symptoms of diabetes and improve blood sugar readings. Learn about appropriate exercise healthy eating strategies a, dealing with difficult emotions, stress reduction techniques, and preventing complications. This is a 6-week workshop.

- **Living Well with Chronic Conditions, Put Life Back Into Your Life!**

A 6-week workshop designed to help those with ongoing health conditions build confidence in their ability to manage their health and maintain active and fulfilling lives.

- **Powerful Tools for Caregivers**

A 6-week course designed specifically for the caregiver to teach important tools to help reduce stress, improve communications, master emotions and communicate in challenging situations.

- **Stepping On: Building Confidence and Reducing Falls**

A 7-week workshop for adults age 60 and over. Learn strength and balance exercises, the role vision plays in keeping balance, how medications can contribute to falls, what to look for in safe footwear, and home hazards

Home Care Services

Home care services are designed to help individuals remain living at home and in their communities for as long as they desire. Costs range between \$10-\$30/hour.

Who Should Consider Home Care Services?

- Older adults with support needs
- Individuals with a disability who have care needs
- People recovering from an illness, surgery or hospital stay

Types of Home Care Services Available:

- Skilled Care – health care services, physical therapy, medical social work
- Personal Care Services – bathing, dressing
- Supportive Services – house cleaning, meal preparation, laundry, etc.

Tips for Hiring A Home Care Provider:

- Interview providers in person
- Ask for references
- Ensure a criminal background check has been completed for staff
- Document a plan for services to be provided
- Make billing/payment arrangements
- Check availability for services on off-hours or weekends as necessary

Questions to Ask When Hiring a Home Care Provider:

- How long has the agency been in business?
- What training does the staff have?
- Are the caregivers and/or agency certified or licensed by the state?
- Are the caregivers insured?
- What is the minimum time your agency requires for the service?

Housing and Care Options

The following describes the various options available to individuals who need supportive services in their place of residence. Choice of a suitable alternative depends on a number of factors, including lifestyle preferences, the level of support needed, cost, and the options available in a particular community. Some of the options are subject to government regulation, while others are not.

In Home Care

Care services can be provided to individuals in their own home or apartment. Homemaker, chore services, home delivered meals, home health care, attendant care, and transportation are some of the services that make it possible for people with long term care needs to remain in their homes. These can be arranged through public social service agencies, purchased from private agencies, or provided by family and friends. While most services are unregulated, home health agencies are licensed by the state.

Senior and Disabled Housing/Independent Living Apartments

This housing is multi-unit rental housing that is specially designed for, and marketed to elderly and disabled tenants. Most offer studio and/or one bedroom apartments and some have a recreation room or other common space for social gatherings. There may be a manager available to make referrals or organize events. Tenants may individually arrange for supportive services from outside providers, as with any in-home care. No license or special regulation is required for the facility.

Residential Care Apartment Complex (RCAC)

RCACs combine apartment housing with supportive, personal and nursing services. Residents have their own apartments, including full bath and kitchen facilities, and retain control over their personal space, care decisions and daily routines. Services are individually tailored to each resident's capacities and preferences and are adjusted as necessary to avoid requiring people to move if they need more help. Facilities may provide up to 28 hours of service per resident per week. RCACs are either registered or certified. Certified facilities are monitored by the state and eligible to receive Medical Assistance waiver funding, registered facilities will not.

Adult Family Home (AFH)

An adult family home is a residence where one to four unrelated adults live and receive meals, supervision, and personal care. Many adult family homes, especially those with only one or two paying residents, are private homes where elderly or people with disabilities live with a foster family. Adult family homes caring for one or two unrelated adults are certified by a local managed care organization; homes caring for three or four residents are licensed and regulated by the state.

Community Based Residential Facility (CBRF)

CBRFs are staffed group living arrangements that provide room, board, supervision and other supportive services to five or more unrelated residents. Typically, residents have a private or shared sleeping room and share living, dining, and bathroom space with other residents of the facility. CBRFs are intended for people who cannot live independently but are neither acutely ill nor need extensive amounts of nursing care. Facilities vary in size from five residents to over 100. Some are houses, others are facilities. Some serve a frail elderly population; others serve people with disabilities, people with Alzheimer's disease, or mixed group of residents. All CBRFs are licensed by the state.

Nursing Home

A nursing home is a health care facility which provides room, board, and 24 hour care. Residents may be admitted for a short-term stays or for long-term care for chronic conditions. Nursing homes are licensed by the state. Most are also certified for Medicare and Medicaid, which provide public funds to cover the cost of care for eligible residents.

Living Will/Power of Attorney

As a competent adult, you have the right to make your own health care decisions. However, you could become incapacitated at any time by an accident, illness or debilitating condition that could lead to your loss of ability to express your wishes about medical treatment. For this reason, it is important for you to plan for future health care decisions. An advance directive is a legal document that allows you to make your health care desires and preferences known.

An advance directive includes written instructions recognized under state law by which you communicate your health care preferences. There are many different terms used to describe advance directives.

The written advance directives recognized by Wisconsin law are:

- Power of Attorney for Health Care (POAHC)
- Declaration to Physicians (known in Wisconsin as Living Will)

Completing either of these documents is voluntary. They are “valid” once they have been completed, properly witnessed and signed. It is important to know that you continue to make your own health care decisions as long as you are able. A Power of Attorney for Health Care becomes effective when two physicians, or one physician and one psychologist, personally examine you and sign a certificate that you are “incapacitated” to make health care decisions. A Living Will becomes effective when you are either in a “persistent vegetative state” or have a terminal illness with death imminent. Two physicians must certify that one of these conditions exists.

For further information, or to access Advanced Directive Forms visit www.dhs.wisconsin.gov/forms/AdvDirectives.

Long Term Care

Long term care programs, such as Family Care & IRIS, provide services and supports to eligible adults to meet their long term care needs, allowing them to maintain independence and choice in their lives.

Current long term care programs are designed to promote:

- Access – creating a setting where people are able to receive the services they need when they need them.
- Choice – allowing individuals to choose where and how they receive their care.
- Quality – ensuring that services meet an individual’s needs and provide for a good quality of life.
- Cost-effectiveness – assure a sustainable future.

Am I eligible?

- You must be a resident of the county in which you are applying.
- You must be elderly or have a physical or developmental disability.
- You must be found functionally eligible through a long term care functional screen.
- You must be financially eligible.

How to apply or receive additional information:

Contact the Aging & Disability Resource Center (ADRC) of Barron, Rusk & Washburn Counties and ask to speak with an Information & Assistance Specialist. ADRC’s are the single point of entry for providing information and options about long term care programs as well as determining eligibility. An Information & Assistance Specialist will meet with you to determine your eligibility for long term care programs as well as assistance with the enrollment process.

Nursing Home Relocation

Do you reside in a nursing home, but would prefer to live elsewhere?

For individuals that are residing in a nursing home the Community Relocation Initiative (CRI) may enable you to move to a different setting where you can receive the services that you need. Alternative settings can include your home/apartment or assisted living facility.

Am I eligible?

- You must reside in a nursing home and have long term care needs.
- Your nursing home stay is currently paid for by Wisconsin Medicaid.
- You must be 65 years of age or older or have a disability.

How to receive additional information:

Contact the social worker at the nursing home and ask for a referral to the Aging & Disability Resource Center (ADRC) of Barron, Rusk & Washburn Counties. An Information & Assistance Specialist will meet with you to determine your eligibility.

Volunteer Opportunities

Volunteer with us today!!

Volunteer Home Delivered Meal Drivers

Deliver a hot, nutritious meal to an older, homebound adult. Routes are available every day or select days of the week. Bring sunshine (and a hot meal) into the life of another.

Meal Site Volunteer

Make the group meal site a welcome and warm place to enjoy a midday meal. Help prepare the dining room, assist in serving meals, and clean up after the food, fun and fellowship.

Health & Wellness Class Volunteer

Interested in health, wellness, and prevention? Volunteers are trained to lead classes and work with community health educators.

Office Assistant

Projects could include making copies, answering phones, putting folders/information brochures together, stuffing envelopes, attaching mailing labels, and many more tasks based on the volunteers' interests.

Medicare Part D Assistant

Are you computer savvy and interested in a short term commitment? We need volunteers to help enter information into the computer during Part D Open Enrollment (October – beginning of December)

If interested in volunteering, call the Aging & Disability Resource Center today!

When Should a Person Quit Driving?

There is no specific age at which a person can be considered too old to drive, as long as he or she remains healthy and if the declines that take place in the senses and other capabilities are normal. However, because our driver's license carries the greatest responsibility that each of us will ever have, we need to ask ourselves some questions regardless of age.

- Do I have memory problems?
- Am I sometimes afraid to drive?
- Do I feel aggressive when I drive?
- Do I have trouble with my vision? Especially at night?
- Do I have trouble hearing?
- Do I take medication that causes drowsiness, or stimulates?
- Do others honk their horn at me for no reason?
- Do I have difficulty with heavy interstate traffic?
- How can I improve my driving skills?

Youth Transition Services Information

For students with disabilities, the Aging & Disability Resource Center is a vital link or “Bridge” between school and community in order to experience the adult world at its best!

The ADRC can assist in answering questions you may have such as:

- Where can I live after high school?
- Can I make my own healthy meals?
- Can I afford to live on my own?
- How am I going to get around town?
- What will I do for a job?
- Do I need assistance with handling my money?
- Do I need help making legal decisions?

How can the Aging & Disability Resource Center help you?

The ADRC can provide:

- Assistance, advocacy and eligibility for Long Term Care services at age 17 years, 6 months old.
- The tools necessary to assist with choices, right and future planning into adult programs and services after high school.
- Information on Guardianship, Power of Attorney for health, and Representative Payee.
- Direction and assistance in understanding your benefits such as Social Security and Medicaid.
- A review of vocational services and programs for future employment, whether part time or full time.